

Race Date  
April 30, 2016

Cornerstone of Recovery 5K  
Age Group Results

Female Overall Winner Winners

| <u>Place</u> | <u>Name</u>  | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|--------------|-------------|------------|---------------|----------------|-------------|
| 1            | Alivia Nytko |             | 15         | 129           | 12             | 24:07.0     |

Race Date  
April 30, 2016

Cornerstone of Recovery 5K  
Age Group Results

Female 6 and Under

| <u>Place</u> | <u>Name</u>       | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-------------------|-------------|------------|---------------|----------------|-------------|
| 1            | Meida Rosenow     |             | 6          | 51            | 57             | 32:33.6     |
| 2            | Olivia Rosenow    |             | 4          | 52            | 87             | 43:46.2     |
| 3            | Samantha Brownler |             | 6          | 156           | 114            | 47:37.1     |
| 4            | Eva Matthews      |             | 6          | 182           | 124            | 49:18.8     |
| 5            | Brittney Hong     |             | 0          | 173           | 149            | 54:37.2     |
| 6            | Carol Carlin      |             | 4          | 194           | 154            | 54:49.4     |

Female 7 to 9

| <u>Place</u> | <u>Name</u>          | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|----------------------|-------------|------------|---------------|----------------|-------------|
| 1            | Zoe Blanton          |             | 8          | 178           | 18             | 25:42.1     |
| 2            | Katie Murphy         |             | 9          | 43            | 60             | 32:47.8     |
| 3            | Chloe Murphy         |             | 9          | 42            | 66             | 35:48.6     |
| 4            | Taylor Brown         |             | 9          | 9             | 71             | 37:41.1     |
| 5            | Jayden Titbow        |             | 9          | 60            | 91             | 44:10.8     |
| 6            | Savana Dosey         |             | 9          | 20            | 92             | 44:11.1     |
| 7            | Bailie Semweet       |             | 8          | 165           | 93             | 44:12.2     |
| 8            | Konstance Koons      |             | 7          | 28            | 94             | 44:12.4     |
| 9            | Giulia Santos        |             | 7          | 54            | 96             | 44:37.4     |
| 10           | Samantha (Zoe) Cross |             | 9          | 14            | 104            | 46:53.1     |
| 11           | Gracie Earles        |             | 8          | 21            | 106            | 46:56.3     |
| 12           | Emma Ross            |             | 9          | 53            | 110            | 47:03.3     |
| 13           | Makenzie Ginn        |             | 9          | 24            | 129            | 49:39.4     |
| 14           | Grace Lindsey        |             | 9          | 201           | 152            | 54:41.1     |

Female 10 to 12

| <u>Place</u> | <u>Name</u>           | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-----------------------|-------------|------------|---------------|----------------|-------------|
| 1            | Destini Sherwood      |             | 11         | 58            | 73             | 37:50.3     |
| 2            | Jullian McDonald      |             | 11         | 39            | 74             | 38:12.5     |
| 3            | Sabrina Birchfield    |             | 11         | 3             | 77             | 38:18.6     |
| 4            | Karra Powell-Stephens |             | 11         | 47            | 103            | 46:52.4     |
| 5            | Ashlyn Davis          |             | 11         | 16            | 111            | 47:07.1     |
| 6            | Hanna Hardel          |             | 12         | 25            | 130            | 49:49.6     |
| 7            | Claire Langford       |             | 12         | 112           | 166            | 56:01.8     |

Female 13 to 15

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-------------|-------------|------------|---------------|----------------|-------------|
| 1            | Mary Waak   |             | 15         | 181           | 20             | 25:48.8     |

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Female 13 to 15

| <u>Place</u> | <u>Name</u>     | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|
| 2            | Trinity Manning |             | 15         | 38            | 99             | 45:21.3     |

Female 25 to 34

| <u>Place</u> | <u>Name</u>     | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|
| 1            | Kayla Daffron   |             | 32         | 169           | 13             | 24:10.0     |
| 2            | Amanda Mougans  |             | 28         | 151           | 27             | 26:40.3     |
| 3            | Michaela Koons  |             | 33         | 29            | 48             | 30:30.1     |
| 4            | Amy Aycock      |             | 27         | 65            | 53             | 31:44.1     |
| 5            | Vered Benami    |             | 29         | 70            | 54             | 31:57.8     |
| 6            | Annisha Davis   |             | 33         | 85            | 69             | 37:14.6     |
| 7            | Emily Haire     |             | 31         | 98            | 118            | 48:08.0     |
| 8            | Julianne Rabon  |             | 31         | 137           | 134            | 50:42.1     |
| 9            | Ambrosia Adams  |             | 29         | 196           | 147            | 54:27.1     |
| 10           | Jessica Wedtz   |             | 29         | 199           | 156            | 55:09.1     |
| 11           | Sarah McNamara  |             | 31         | 123           | 161            | 55:55.1     |
| 12           | Haley Hall      |             | 32         | 171           | 171            | 56:16.4     |
| 13           | Mindy Moore     |             | 33         | 125           | 173            | 57:05.4     |
| 14           | Katie Patterson |             | 30         | 132           | 174            | 57:06.1     |
| 15           | Leandra Birch   |             | 25         | 188           | 176            | 57:47.8     |
| 16           | Chelsey Birch   |             | 25         | 187           | 178            | 57:48.4     |

Female 35 to 44

| <u>Place</u> | <u>Name</u>        | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|--------------------|-------------|------------|---------------|----------------|-------------|
| 1            | GiGi Santos        |             | 35         | 55            | 14             | 24:32.0     |
| 2            | Jami Welden        |             | 40         | 161           | 15             | 24:40.2     |
| 3            | Samantha Blair     |             | 35         | 5             | 26             | 26:37.0     |
| 4            | Betsy Phillips     |             | 42         | 135           | 28             | 27:21.4     |
| 5            | Marci Fraenkel     |             | 35         | 89            | 62             | 33:54.1     |
| 6            | Kathy Colbed       |             | 40         | 160           | 65             | 35:10.6     |
| 7            | Sonja Decker-Brown |             | 35         | 19            | 72             | 37:45.2     |
| 8            | ANDREA ALLMAN      |             | 43         | 63            | 82             | 41:36.6     |
| 9            | Michelle Robinson  |             | 42         | 50            | 105            | 46:55.4     |
| 10           | Erin Wakefield     |             | 41         | 147           | 115            | 47:37.8     |
| 11           | Christy Lawson     |             | 37         | 116           | 117            | 47:53.1     |
| 12           | Heather Cloar      |             | 36         | 82            | 120            | 48:24.4     |
| 13           | Danielle Hemsley   |             | 44         | 100           | 123            | 49:18.0     |
| 14           | Autumn Manning     |             | 41         | 37            | 135            | 50:59.4     |
| 15           | Jennifer Borden    |             | 35         | 8             | 136            | 50:59.7     |
| 16           | Katie Williamson   |             | 38         | 154           | 139            | 51:46.1     |

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Age Group Results

Female 35 to 44

| <u>Place</u> | <u>Name</u>    | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|
| 17           | Cara Jordan    |             | 37         | 107           | 146            | 54:25.4     |
| 18           | Julie Langford |             | 44         | 114           | 164            | 56:01.8     |

Female 45 to 54

| <u>Place</u> | <u>Name</u>        | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|--------------------|-------------|------------|---------------|----------------|-------------|
| 1            | Tori Looney        |             | 45         | 184           | 40             | 29:50.1     |
| 2            | Angie Luckie       |             | 48         | 120           | 59             | 32:43.4     |
| 3            | Lara Walden        |             | 46         | 148           | 63             | 33:55.1     |
| 4            | Tracey Grubb       |             | 50         | 204           | 67             | 35:50.6     |
| 5            | Lara Walden        |             | 46         | 149           | 75             | 38:12.5     |
| 6            | Beth Outzen        |             | 53         | 130           | 76             | 38:14.5     |
| 7            | Paige Murphy       |             | 45         | 44            | 78             | 38:32.8     |
| 8            | Sandra Brogan      |             | 48         | 77            | 81             | 40:52.1     |
| 9            | Melissa Poindexter |             | 47         | 153           | 100            | 46:13.3     |
| 10           | Lisa Gilliam       |             | 49         | 95            | 102            | 46:44.3     |
| 11           | Lisel Jack         |             | 48         | 104           | 128            | 49:36.5     |
| 12           | Terri Tracy        |             | 50         | 145           | 142            | 52:14.6     |
| 13           | Tisa Farner        |             | 51         | 87            | 143            | 52:15.2     |
| 14           | Kim Gheen          |             | 54         | 93            | 151            | 54:37.6     |
| 15           | Sandra Plotz       |             | 50         | 186           | 155            | 54:58.4     |
| 16           | Judi Bigelow       |             | 49         | 203           | 177            | 57:48.2     |

Female 55 to 64

| <u>Place</u> | <u>Name</u>      | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|------------------|-------------|------------|---------------|----------------|-------------|
| 1            | Kelly Schwartz   |             | 56         | 164           | 58             | 32:43.1     |
| 2            | Karen Anderson   |             | 57         | 200           | 126            | 49:32.5     |
| 3            | Gaynelle Miller  |             | 64         | 124           | 131            | 49:53.0     |
| 4            | Eleanor Bradshaw |             | 64         | 72            | 132            | 49:56.3     |
| 5            | Celi Courtney    |             | 55         | 83            | 140            | 52:13.6     |
| 6            | Vicky McDaniel   |             | 60         | 121           | 141            | 52:14.0     |
| 7            | Jan Hall         |             | 63         | 174           | 148            | 54:36.6     |
| 8            | Lisa Harris      |             | 55         | 192           | 153            | 54:49.2     |
| 9            | Kay Free         |             | 60         | 91            | 159            | 55:49.2     |
| 10           | Rebekah Fetzer   |             | 63         | 88            | 165            | 56:01.8     |

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Male Overall Winner Winners

| <u>Place</u> | <u>Name</u>    | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|
| 1            | Craig Schwartz |             | 54         | 163           | 1              | 18:44.6     |

Cornerstone of Recovery 5K  
Age Group Results

Male 6 and Under

| <u>Place</u> | <u>Name</u>  | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|--------------|-------------|------------|---------------|----------------|-------------|
| 1            | Alex Jordan  |             | 5          | 106           | 144            | 54:24.2     |
| 2            | James Carlin |             | 2          | 195           | 160            | 55:49.4     |
| 3            | Ryan Burrell |             | 0          | 172           | 170            | 56:14.8     |

Male 7 to 9

| <u>Place</u> | <u>Name</u>        | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|--------------------|-------------|------------|---------------|----------------|-------------|
| 1            | Tanner Blair       |             | 8          | 6             | 19             | 25:48.8     |
| 2            | Xavier Koons       |             | 8          | 30            | 45             | 30:18.0     |
| 3            | Finley Reynolds    |             | 7          | 48            | 47             | 30:29.8     |
| 4            | Logan Lawhorn      |             | 9          | 32            | 56             | 32:33.5     |
| 5            | Austin Lewis       |             | 9          | 34            | 79             | 38:47.1     |
| 6            | Lucas Crisp        |             | 7          | 13            | 86             | 43:29.2     |
| 7            | Cayden Lockwood    |             | 9          | 36            | 88             | 43:58.4     |
| 8            | Jonathan Chitwood  |             | 8          | 11            | 89             | 44:02.6     |
| 9            | Logan Stickland    |             | 8          | 59            | 90             | 44:03.7     |
| 10           | Sebastian Miller   |             | 9          | 41            | 95             | 44:13.1     |
| 11           | Nathaniel Chitwood |             | 9          | 12            | 108            | 47:02.0     |
| 12           | Bryce Gilliam      |             | 9          | 94            | 112            | 47:15.4     |
| 13           | Brayden Lockwood   |             | 9          | 35            | 121            | 49:07.3     |
| 14           | Britton Leitch     |             | 9          | 33            | 125            | 49:24.4     |
| 15           | Andrew Borden      |             | 8          | 7             | 158            | 55:47.4     |
| 16           | Trevor McMurray    |             | 8          | 40            | 172            | 56:40.4     |
| 17           | Juda Patterson     |             | 7          | 131           | 175            | 57:07.4     |

Male 10 to 12

| <u>Place</u> | <u>Name</u>     | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|
| 1            | Ashton Auker    |             | 10         | 1             | 9              | 23:52.1     |
| 2            | Jaylon Bailey   |             | 10         | 2             | 10             | 23:54.1     |
| 3            | Trenton Olmsted |             | 10         | 45            | 29             | 27:23.6     |
| 4            | Gavyn Reynolds  |             | 10         | 49            | 37             | 29:18.1     |
| 5            | Gage Lawhorn    |             | 12         | 31            | 44             | 30:03.5     |
| 6            | Mason Nocton    |             | 11         | 127           | 49             | 30:37.6     |
| 7            | Jeremiah Hardel |             | 10         | 26            | 68             | 36:29.6     |
| 8            | Alex Semmel     |             | 10         | 56            | 70             | 37:37.6     |
| 9            | Trenton Gennoe  |             | 10         | 23            | 80             | 39:34.7     |
| 10           | Joseph Decker   |             | 12         | 18            | 101            | 46:28.5     |
| 11           | Hayden Buchanan |             | 10         | 10            | 109            | 47:02.2     |
| 12           | Kevin Dano      |             | 11         | 15            | 157            | 55:44.3     |

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Male 13 to 15

| <u>Place</u> | <u>Name</u>    | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|
| 1            | Austin Decker  |             | 14         | 17            | 5              | 22:29.3     |
| 2            | Daniel Parent  |             | 14         | 180           | 43             | 30:01.6     |
| 3            | Jared Langford |             | 15         | 113           | 167            | 56:02.0     |

Male 16 to 18

| <u>Place</u> | <u>Name</u>     | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|
| 1            | Carter Langford |             | 17         | 111           | 163            | 56:01.8     |

Male 19 to 24

| <u>Place</u> | <u>Name</u>    | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|
| 1            | Dustin Roberts |             | 24         | 139           | 11             | 23:58.3     |
| 2            | William Decker |             | 23         | 152           | 35             | 28:57.1     |

Male 25 to 34

| <u>Place</u> | <u>Name</u>    | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|
| 1            | Kevin Stautz   |             | 26         | 144           | 3              | 22:22.2     |
| 2            | Chris Pesadez  |             | 32         | 155           | 6              | 22:46.8     |
| 3            | Jaso Daffron   |             | 30         | 170           | 22             | 25:56.6     |
| 4            | Rich L         |             | 28         | 109           | 24             | 26:17.6     |
| 5            | Zach Turner    |             | 27         | 146           | 34             | 28:19.5     |
| 6            | William Walker |             | 30         | 61            | 42             | 30:01.5     |
| 7            | Ryan Nickel    |             | 30         | 126           | 51             | 31:09.8     |
| 8            | Kyle Alling    |             | 30         | 62            | 52             | 31:35.0     |
| 9            | Trey Snyder    |             | 27         | 189           | 83             | 42:38.0     |
| 10           | Daniel Haire   |             | 34         | 97            | 119            | 48:12.6     |
| 11           | Matthew Jordan |             | 34         | 108           | 145            | 54:25.1     |
| 12           | Bobby McNamara |             | 33         | 122           | 162            | 55:55.3     |

Male 35 to 44

| <u>Place</u> | <u>Name</u>     | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|
| 1            | Nathan Blanton  |             | 38         | 179           | 17             | 25:41.6     |
| 2            | Lanier Blair    |             | 36         | 4             | 21             | 25:51.3     |
| 3            | Shannon McComas |             | 35         | 157           | 23             | 26:12.1     |
| 4            | Paul Perry      |             | 36         | 133           | 30             | 27:30.3     |
| 5            | Joey Howell     |             | 39         | 103           | 33             | 27:49.6     |
| 6            | Jason N.        |             | 43         | 190           | 36             | 29:03.6     |

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Male 35 to 44

| <u>Place</u> | <u>Name</u>     | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|
| 7            | Scott Hendrix   |             | 40         | 167           | 41             | 29:59.4     |
| 8            | Max Beatty      |             | 43         | 67            | 46             | 30:22.1     |
| 9            | Michael Nocton  |             | 41         | 128           | 50             | 30:38.1     |
| 10           | Joe Derr        |             | 37         | 86            | 84             | 43:27.1     |
| 11           | Bruce Crisp     |             | 38         | 84            | 85             | 43:27.3     |
| 12           | Zachary Earles  |             | 40         | 22            | 107            | 46:56.6     |
| 13           | Stephen Carter  |             | 43         | 81            | 116            | 47:41.3     |
| 14           | Freddie Brabson |             | 43         | 158           | 137            | 51:43.4     |
| 15           | Allen Langford  |             | 44         | 110           | 168            | 56:02.1     |

Male 45 to 54

| <u>Place</u> | <u>Name</u>     | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-----------------|-------------|------------|---------------|----------------|-------------|
| 1            | Tom Looney      |             | 46         | 118           | 2              | 19:00.7     |
| 2            | Craig Baker     |             | 46         | 66            | 16             | 25:01.1     |
| 3            | Scott Jamison   |             | 54         | 166           | 25             | 26:21.6     |
| 4            | Jeff Jeter      |             | 48         | 105           | 55             | 32:17.1     |
| 5            | Chris Schneider |             | 45         | 159           | 61             | 33:19.0     |
| 6            | Rodney Bollack  |             | 52         | 71            | 64             | 34:45.7     |
| 7            | Mike Gilliam    |             | 54         | 96            | 113            | 47:15.8     |
| 8            | Don Burkhalter  |             | 47         | 78            | 138            | 51:45.8     |

Male 55 to 64

| <u>Place</u> | <u>Name</u>           | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-----------------------|-------------|------------|---------------|----------------|-------------|
| 1            | Arthur Funk           |             | 59         | 150           | 4              | 22:22.6     |
| 2            | Michael Brogan        |             | 57         | 76            | 7              | 22:54.5     |
| 3            | Dan Schweickhardt     |             | 63         | 140           | 8              | 23:42.3     |
| 4            | Michael Crawley       |             | 61         | 168           | 31             | 27:35.8     |
| 5            | Steve McGrew          |             | 58         | 191           | 38             | 29:38.3     |
| 6            | Patrick Carroll       |             | 57         | 176           | 98             | 45:09.3     |
| 7            | Thomas Snow           |             | 62         | 143           | 122            | 49:08.3     |
| 8            | Scott Anderson        |             | 59         | 198           | 127            | 49:33.3     |
| 9            | Jere BradshawBradshaw |             | 60         | 73            | 133            | 49:56.3     |

Male 65 and Over

| <u>Place</u> | <u>Name</u>       | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|-------------------|-------------|------------|---------------|----------------|-------------|
| 1            | Al Leitch         |             | 66         | 183           | 32             | 27:44.0     |
| 2            | Lawrence Bushkell |             | 71         | 80            | 39             | 29:38.5     |



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Male 65 and Over

| <u>Place</u> | <u>Name</u>    | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> |
|--------------|----------------|-------------|------------|---------------|----------------|-------------|
| 3            | Max Brewer     |             | 67         | 74            | 97             | 44:44.1     |
| 4            | Robert Hall    |             | 77         | 175           | 150            | 54:37.6     |
| 5            | Larry Langford |             | 72         | 115           | 169            | 56:02.4     |