

Race Date
July 31, 2016

Xterra Triathlon
Overall Results

Individual Age Group

| <u>Place</u> | <u>Name</u> | <u>Bib No</u> | <u>AG Place</u> | <u>Rnk</u> | <u>Swim Time</u> | <u>T 1 Time</u> | <u>Rnk</u> | <u>Bike Time</u> | <u>T 2 Time</u> | <u>Rnk</u> | <u>Run Time</u> | <u>Total Time</u> |
|--------------|--------------------|---------------|-----------------|------------|------------------|-----------------|------------|------------------|-----------------|------------|-----------------|-------------------|
| 1 | Alex Llinas | 205 | 1 M Top Fin | 1 | 14:43 | 1:29 | 1 | 1:11:27 | 0:40 | 8 | 33:36 | 2:01:57 |
| 2 | Alex Ohman | 192 | 2 M Top Fin | 8 | 17:13 | 0:49 | 2 | 1:13:06 | 0:27 | 3 | 32:24 | 2:04:01 |
| 3 | Caleb Baity | 162 | 3 M Top Fin | 21 | 19:27 | 0:43 | 3 | 1:14:32 | 0:29 | 2 | 30:28 | 2:05:41 |
| 4 | Jim Hall | 154 | 1 M 40-44 | 27 | 19:41 | 1:31 | 5 | 1:16:53 | 0:33 | 1 | 28:42 | 2:07:22 |
| 5 | kelly white | 218 | 2 M 40-44 | 2 | 15:00 | 1:42 | 4 | 1:15:08 | 1:01 | 18 | 37:52 | 2:10:45 |
| 6 | Brent Lee | 164 | 3 M 40-44 | 7 | 17:06 | 1:14 | 9 | 1:20:50 | 0:45 | 4 | 32:33 | 2:12:30 |
| 7 | Matt Googe | 239 | 1 M 30-34 | 23 | 19:32 | 2:26 | 7 | 1:19:50 | 0:57 | 10 | 34:57 | 2:17:43 |
| 8 | Jeff Yeager | 202 | 1 M 50-54 | 36 | 21:31 | 1:11 | 8 | 1:20:26 | 1:07 | 15 | 36:34 | 2:20:51 |
| 9 | Drew Miller | 234 | 1 M 35-39 | 10 | 18:46 | 1:50 | 6 | 1:18:51 | 1:45 | 27 | 40:24 | 2:21:39 |
| 10 | Nathan Mize | 155 | 2 M 30-34 | 16 | 19:10 | 1:41 | 14 | 1:27:08 | 0:47 | 6 | 33:06 | 2:21:53 |
| 11 | Andrew Krech | 207 | 1 M 25-29 | 42 | 22:20 | 3:31 | 10 | 1:22:23 | 0:53 | 7 | 33:20 | 2:22:29 |
| 12 | Douglas Cowell | 233 | 1 M 45-49 | 6 | 16:06 | 2:16 | 17 | 1:28:28 | 1:11 | 11 | 35:40 | 2:23:44 |
| 13 | Forrest Taylor | 186 | 2 M 35-39 | 9 | 18:26 | 1:42 | 11 | 1:23:52 | 0:35 | 28 | 40:27 | 2:25:04 |
| 14 | Sue Finney | 222 | 1 F Top Fin | 11 | 18:55 | 2:01 | 15 | 1:27:28 | 1:05 | 12 | 35:43 | 2:25:14 |
| 15 | Corbin Geary | 194 | 3 M 30-34 | 50 | 23:44 | 2:33 | 12 | 1:24:39 | 0:57 | 16 | 36:37 | 2:28:32 |
| 16 | Roger Hebert | 238 | 4 M 40-44 | 33 | 20:36 | 2:31 | 16 | 1:28:07 | 1:29 | 17 | 37:28 | 2:30:14 |
| 17 | christina halioris | 224 | 2 F Top Fin | 30 | 20:15 | 1:22 | 23 | 1:31:19 | 1:07 | 14 | 36:20 | 2:30:25 |
| 18 | Douglas Clark | 153 | 5 M 40-44 | 32 | 20:31 | 2:06 | 21 | 1:30:24 | 0:58 | 22 | 38:31 | 2:32:31 |
| 19 | Thomas Worley | 156 | 2 M 45-49 | 31 | 20:22 | 0:44 | 13 | 1:27:06 | 1:11 | 36 | 43:46 | 2:33:12 |
| 20 | Michael Milhorn | 151 | 3 M 45-49 | 38 | 21:38 | 2:53 | 19 | 1:29:29 | 1:25 | 19 | 38:04 | 2:33:31 |
| 21 | James Wade | 195 | 1 M 55-59 | 26 | 19:38 | 1:22 | 22 | 1:30:44 | 1:20 | 31 | 41:13 | 2:34:20 |
| 22 | John Collins | 198 | 2 M 50-54 | 45 | 22:38 | 1:28 | 20 | 1:29:52 | 0:44 | 29 | 40:36 | 2:35:20 |
| 23 | Cortney Mild | 179 | 3 F Top Fin | 15 | 19:05 | 2:10 | 27 | 1:34:28 | 1:07 | 24 | 39:24 | 2:36:16 |
| 24 | Jock White | 221 | 6 M 40-44 | 13 | 19:04 | 1:49 | 24 | 1:31:44 | 1:04 | 43 | 45:12 | 2:38:55 |
| 25 | Keith Crouch | 191 | 2 M 25-29 | 28 | 19:50 | 2:57 | 29 | 1:37:01 | 1:00 | 21 | 38:30 | 2:39:19 |
| 26 | Brian Higgs | 210 | 4 M 45-49 | 22 | 19:30 | 1:49 | 26 | 1:32:41 | 0:45 | 40 | 44:40 | 2:39:27 |
| 27 | Shane Tucker | 235 | 7 M 40-44 | 58 | 25:51 | 1:07 | 31 | 1:38:45 | 1:00 | 5 | 32:52 | 2:39:38 |
| 28 | Robert Dills | 243 | 3 M 50-54 | 20 | 19:23 | 2:12 | 32 | 1:39:00 | 0:59 | 20 | 38:11 | 2:39:47 |
| 29 | Jack Bray | 226 | 2 M 55-59 | 60 | 26:56 | 4:22 | 25 | 1:32:02 | 0:52 | 13 | 36:03 | 2:40:16 |
| 30 | Danielle Heath | 169 | 1 F 50-54 | 25 | 19:37 | 2:04 | 30 | 1:38:38 | 1:04 | 25 | 39:35 | 2:41:00 |
| 31 | Duane Leach | 219 | 3 M 55-59 | 24 | 19:36 | 2:23 | 18 | 1:28:45 | 1:37 | 52 | 50:42 | 2:43:06 |
| 32 | Jeremy Smith | 185 | 8 M 40-44 | 18 | 19:19 | 2:14 | 28 | 1:35:00 | 1:23 | 42 | 45:09 | 2:43:07 |
| 33 | Jodi Schwab | 236 | 1 F 40-44 | 3 | 15:01 | 2:32 | 34 | 1:43:51 | 2:14 | 30 | 40:39 | 2:44:19 |

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| <u>Place</u> | <u>Name</u> | <u>Bib No</u> | <u>AG Place</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Time</u> | | | |
|--------------|--------------------|---------------|-----------------|------------|-------------|-------------|------------|-------------|-------------|------------|-------------|-------------|---------|------|---------|
| | | | | ---- | Swim | ---- | T 1 | ---- | Bike | ---- | T 2 | ---- | Run | ---- | Total |
| 34 | Bryan Moody | 204 | 9 M 40-44 | 52 | 23:59 | | 2:42 | 33 | 1:43:32 | | 0:25 | 9 | 34:09 | | 2:44:49 |
| 35 | Elizabeth Skiba | 229 | 2 F 40-44 | 5 | 16:03 | | 1:57 | 36 | 1:45:18 | | 0:56 | 33 | 41:40 | | 2:45:55 |
| 36 | Shannon Florea | 213 | 1 F 35-39 | 4 | 15:17 | | 1:06 | 48 | 1:56:44 | | 0:43 | 23 | 38:32 | | 2:52:25 |
| 37 | Dewight Winchester | 196 | 1 M 15-19 | 39 | 22:10 | | 1:13 | 40 | 1:47:41 | | 1:05 | 37 | 43:59 | | 2:56:11 |
| 38 | Hillary Gallegos | 242 | 1 F 45-49 | 14 | 19:05 | | 2:21 | 38 | 1:47:13 | | 2:04 | 46 | 46:52 | | 2:57:36 |
| 39 | Jesse Martin | 199 | 1 M 20-24 | 19 | 19:21 | | 1:45 | 45 | 1:51:22 | | 0:50 | 39 | 44:27 | | 2:57:47 |
| 40 | James Bray | 212 | 2 M 20-24 | 59 | 26:40 | | 3:05 | 35 | 1:44:41 | | 1:16 | 34 | 43:00 | | 2:58:44 |
| 41 | Marc Brinkmann | 201 | 4 M 30-34 | 41 | 22:19 | | 2:37 | 42 | 1:50:29 | | 0:49 | 35 | 43:00 | | 2:59:16 |
| 42 | Alan Ventress | 220 | 10 M 40-44 | 37 | 21:36 | | 2:13 | 37 | 1:46:56 | | 1:37 | 47 | 47:05 | | 2:59:28 |
| 43 | Chris Halioris | 225 | 5 M 45-49 | 29 | 20:04 | | 1:21 | 41 | 1:49:17 | | 1:26 | 54 | 51:20 | | 3:03:30 |
| 44 | Mike Gerace | 190 | 1 M 60-64 | 57 | 25:30 | | 1:54 | 43 | 1:51:04 | | 1:36 | 45 | 45:26 | | 3:05:31 |
| 45 | Nathan Smith | 180 | 3 M 25-29 | 53 | 24:03 | | 2:56 | 47 | 1:54:03 | | 1:49 | 44 | 45:15 | | 3:08:07 |
| 46 | Max Lemons | 172 | 6 M 45-49 | 17 | 19:13 | | 1:52 | 50 | 2:02:11 | | 1:46 | 38 | 44:24 | | 3:09:27 |
| 47 | Adam Tomlinson | 223 | 5 M 30-34 | 51 | 23:58 | | 2:17 | 44 | 1:51:08 | | 0:55 | 55 | 52:00 | | 3:10:19 |
| 48 | Carissa Chambers | 216 | 1 F 25-29 | 48 | 22:57 | | 2:35 | 55 | 2:06:03 | | 0:46 | 26 | 39:49 | | 3:12:12 |
| 49 | Stevie Morrison | 187 | 1 F 20-24 | 44 | 22:31 | | 3:27 | 53 | 2:03:18 | | 1:47 | 32 | 41:16 | | 3:12:22 |
| 50 | Jann Stanton | 215 | 1 F 55-59 | 47 | 22:41 | | 1:15 | 49 | 1:59:59 | | 0:57 | 48 | 48:22 | | 3:13:16 |
| 51 | Stuart morrison | 188 | 4 M 55-59 | 54 | 24:17 | | 3:34 | 46 | 1:53:58 | | 1:06 | 51 | 50:37 | | 3:13:33 |
| 52 | Jason Thomas | 168 | 6 M 30-34 | 35 | 21:05 | | 3:36 | 52 | 2:02:36 | | 1:32 | 41 | 44:47 | | 3:13:38 |
| 53 | Rob Gilliam | 171 | 7 M 45-49 | 46 | 22:39 | | 2:15 | 51 | 2:02:19 | | 1:33 | 50 | 50:24 | | 3:19:13 |
| 54 | Wendy Newbegin | 157 | 2 F 45-49 | 62 | 42:55 | | 2:10 | 39 | 1:47:13 | | 2:24 | 49 | 48:59 | | 3:23:43 |
| 55 | Keith Shook | 217 | 4 M 25-29 | 49 | 23:23 | | 2:31 | 54 | 2:04:15 | | 0:49 | 56 | 53:06 | | 3:24:06 |
| 56 | Alex Baker | 178 | 2 M 15-19 | 12 | 18:58 | | 2:25 | 58 | 2:13:36 | | 1:12 | 53 | 50:45 | | 3:26:58 |
| 57 | Jason Holly | 181 | 11 M 40-44 | 40 | 22:13 | | 1:41 | 56 | 2:09:18 | | 2:04 | 57 | 55:13 | | 3:30:30 |
| 58 | Ben McCurry | 200 | 3 M 20-24 | 55 | 24:18 | | 2:10 | 57 | 2:13:17 | | 0:51 | 58 | 55:15 | | 3:35:53 |
| 59 | Karen Goodrick | 241 | 2 F 55-59 | 34 | 20:52 | | 2:01 | 60 | 2:23:53 | | 1:47 | 59 | 59:53 | | 3:48:28 |
| 60 | John Stacy | 237 | 12 M 40-44 | 61 | 27:08 | | 6:42 | 59 | 2:18:36 | | 2:30 | 62 | 1:08:48 | | 4:03:46 |
| 61 | Cheryl Birks | 158 | 2 F 25-29 | 43 | 22:22 | | 4:40 | 61 | 2:40:35 | | 3:13 | 60 | 1:00:04 | | 4:10:56 |
| 62 | Lauren Nethery | 227 | 3 F 25-29 | 56 | 24:51 | | 3:52 | 62 | 2:53:26 | | 2:17 | 61 | 1:07:41 | | 4:32:09 |

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Xterra Triathlon
Overall Results

Relay (2 or 3)

| <u>Place</u> | <u>Name</u> | <u>Bib No</u> | <u>AG Place</u> | <u>Rnk</u> | <u>Swim</u> <u>Time</u> | <u>T 1</u> <u>Time</u> | <u>Rnk</u> | <u>Bike</u> <u>Time</u> | <u>T 2</u> <u>Time</u> | <u>Rnk</u> | <u>Run</u> <u>Time</u> | <u>Total</u> <u>Time</u> |
|--------------|----------------------|---------------|-----------------|------------|----------------------------|---------------------------|------------|----------------------------|---------------------------|------------|---------------------------|-----------------------------|
| 1 | Big Lebowski | 184 | 1 M Mixed 99 | 5 | 30:22 | 0:57 | 1 | 1:19:59 | 0:22 | 1 | 32:03 | 2:23:44 |
| 2 | Insulinoma Slinkies | 177 | 2 F Mixed 99 | 2 | 16:39 | 0:48 | 2 | 1:34:35 | 0:14 | 4 | 45:39 | 2:37:57 |
| 3 | The Perfect Athlete | 167 | 3 F Mixed 99 | 3 | 26:13 | 1:25 | 3 | 1:52:29 | 0:20 | 2 | 38:32 | 2:58:59 |
| 4 | Tri anything once... | 209 | 4 M Mixed 99 | 1 | 14:32 | 0:50 | 4 | 1:53:37 | 4:07 | 5 | 48:34 | 3:01:43 |
| 5 | Howe family racing | 232 | 5 F Mixed 99 | 4 | 27:39 | 0:44 | 5 | 2:15:14 | 0:29 | 3 | 40:38 | 3:24:46 |