

# RACE DAY EVENTS

[www.racedayevents.net](http://www.racedayevents.net)

35TH ANNUAL TRIDELTATHON  
 April 14, 2019  
 Knoxville, Tennessee

Place	Place in Division	NO.	NAME	AGE	S	SWIM Plc	SWIM TIME	Trans No.1	BIKE Splt Plc	BIKE Split TIME	RUN +BIKE Plc	RUN +BIKE TIME	Trans NO.2	RUN Spt Plc	RUN Split TIME	PLACE	FINAL TIME
1	1/9	1	William Gates	30	M	20	6:45	0:50	5	15:47	3	23:21	0:27	3	18:41	1	42:27
2	RELAY	278	Justin Grossarth			8	6:09	0:35	12	17:24	5	24:07	0:15	4	19:07	2	43:29
3	1/18	13	Ben Pardue	21	M	17	6:38	0:42	6	16:14	4	23:32	0:46	5	19:29	3	43:46
4	RELAY	233	James Eun		M	29	7:03	1:22	9	16:49	9	25:13	0:21	2	18:22	4	43:55
5	RELAY	252	Robert Land		M	3	5:42	0:37	8	16:48	2	23:06	0:22	12	20:49	5	44:17
6	1/9	2	Jacob Houser	29	M	11	6:16	1:13	10	17:10	6	24:38	0:37	6	20:01	6	45:14
7	2/9	180	Richard Thomason	30	M	38	7:18	1:03	14	17:27	14	25:48	0:35	10	20:24	7	46:46
8	1/7	3	Michael Yates	55	M	6	5:52	1:01	17	18:04	8	24:56	0:51	16	21:35	8	47:21
9	2/18	30	Sean Meier	20	M	5	5:52	1:43	44	19:23	20	26:57	0:28	9	20:11	9	47:35
10	1/13	17	Kevin McDonnell	42	M	18	6:39	1:23	13	17:26	10	25:26	0:52	13	21:19	10	47:36
11	2/13	181	Leland Smith	42	M	24	6:59	1:20	11	17:12	11	25:29	0:50	18	21:47	11	48:05
12	3/18	32	James Basse	21	M	48	7:45	1:14	15	17:58	19	26:56	1:14	7	20:02	12	48:12
13	1/7	9	Connor Brunson	16	M	9	6:11	1:09	20	18:17	13	25:35	0:23	24	22:16	13	48:13
14	3/13	27	Daniel Coonce	41	M	37	7:18	1:04	36	18:55	23	27:17	1:11	8	20:10	14	48:37
15	4/18	12	Reed Schneider	23	M	14	6:29	1:58	27	18:39	22	27:05	0:24	15	21:29	15	48:57
16	RELAY	249	Julian Buuck			96	8:52	0:37	26	18:30	29	27:58	0:24	11	20:39	16	49:00
17	1/12	42	Laura Morse	24	F	26	7:00	1:21	21	18:22	17	26:42	0:25	22	22:04	17	49:10

18	5/18	8	Sebastian Denbrok	20	M	1	5:17	1:28	39	19:08	15	25:52	0:40	31	22:56	18	49:27
19	6/18	36	John Morse	22	M	27	7:00	1:36	18	18:11	18	26:47	1:11	17	21:37	19	49:35
20	2/12	53	Hope Zimmerman	20	F	12	6:24	0:48	31	18:44	16	25:56	0:29	39	23:20	20	49:45
21	1/8	18	Brad Rodgers	49	M	4	5:49	1:20	24	18:26	12	25:34	1:10	35	23:05	21	49:49
22	2/7	119	Kyle Brown	19	M	47	7:42	1:57	23	18:25	31	28:02	1:04	14	21:23	22	50:28
23	4/13	20	Scott Lykens	44	M	67	8:05	1:15	19	18:13	26	27:32	1:01	26	22:17	23	50:49
24	1/9	5	Melinda Spiva	32	F	54	7:49	1:05	25	18:26	24	27:20	0:44	34	23:04	24	51:07
25	2/9	57	Jackson Fain	25	M	61	7:57	1:24	35	18:54	34	28:14	0:57	25	22:16	25	51:27
26	2/8	135	Todd Temple	45	M	106	9:27	1:22	16	18:04	41	28:52	0:59	20	21:56	26	51:46
27	7/18	56	Logan D'Ooge	22	M	57	7:52	1:18	50	19:49	43	28:58	0:39	27	22:24	27	51:59
28	1/3	26	Emily Coonce	14	F	31	7:10	1:13	61	20:15	39	28:38	0:40	30	22:44	28	52:01
29	8/18	107	Mason Timken	24	M	84	8:28	1:23	49	19:43	49	29:33	0:33	23	22:15	29	52:19
30	3/8	88	Christopher Wells	49	M	107	9:28	1:39	22	18:23	48	29:29	1:14	28	22:25	30	53:07
31	3/7	16	Mason Turney	17	M	19	6:42	1:20	55	20:06	33	28:08	0:57	50	24:19	31	53:23
32	4/8	103	Andy Puckett	46	M	46	7:33	1:56	32	18:50	36	28:18	1:08	45	24:02	32	53:26
33	3/12	10	Carson Everman	20	F	30	7:04	0:44	67	20:29	35	28:16	0:31	53	24:40	33	53:26
34	3/9	71	Thomas Collier	34	M	58	7:52	1:25	48	19:38	42	28:54	0:58	42	23:49	34	53:40
35	4/9	38	Nathaniel Shelso	31	M	40	7:20	2:14	53	19:53	47	29:27	1:19	32	22:58	35	53:43
36	3/9	40	Greg Vernon	28	M	74	8:10	2:21	77	21:12	72	31:42	0:24	19	21:52	36	53:58
37	4/9	14	Elliot Stone	27	M	39	7:20	1:42	29	18:42	27	27:43	1:09	65	25:13	37	54:04
38	9/18	75	Dylan Brodeur	22	M	45	7:32	1:55	76	21:03	62	30:30	0:36	33	23:01	38	54:05
39	1/6	63	Scott Gill	54	M	62	7:57	1:55	33	18:51	40	28:41	2:15	36	23:11	39	54:07
40	4/7	33	Caden Heupel	18	M	22	6:53	1:51	42	19:10	28	27:53	0:53	72	25:47	40	54:33
41	1/6	164	Stephanie Kors	26	F	2	5:36	1:48	54	20:01	25	27:24	0:29	88	27:14	41	55:06
42	2/9	50	Taylor Martin	34	F	88	8:37	2:25	40	19:09	55	30:10	1:22	41	23:39	42	55:10
43	5/13	83	Brad McManus	40	M	41	7:22	2:36	52	19:51	51	29:47	0:40	55	24:45	43	55:11
44	2/6	48	Lex Pulice-Farrow	28	F	23	6:55	1:31	79	21:19	50	29:43	0:57	52	24:39	44	55:18
45	1/2	21	Marsha Morton	53	F	85	8:31	1:18	73	20:50	63	30:38	0:53	43	23:52	45	55:22
46	6/13	86	Sam Whisman	41	M	86	8:31	1:02	34	18:54	37	28:26	1:23	70	25:37	46	55:25
47	2/7	66	Michael Berry	59	M	50	7:46	1:32	30	18:42	30	27:58	0:59	84	26:38	47	55:34
48	2/6	77	Michael Brunson	52	M	97	8:56	1:09	41	19:09	45	29:13	0:57	71	25:44	48	55:52
49	10/18	74	Samuel Tingle	23	M	10	6:11	25:41						44	23:59	49	56:02
50	1/6	22	Elton Evans	39	M	101	9:07	1:51	37	18:58	53	29:55	1:18	57	24:54	50	56:06
51	3/6	65	Kelsey Wyrosdick	25	F	49	7:45	1:26	78	21:16	61	30:26	1:15	54	24:45	51	56:25
52	7/13	35	Rich Nelson	40	M	35	7:17	1:36	59	20:12	44	29:05	1:55	67	25:28	52	56:26
53	11/18	82	Chris Ray	23	M	63	7:58	2:06	58	20:10	56	30:13	0:46	76	26:02	53	57:00
54	5/9	43	Dave Younkin	34	M	79	8:17	2:02	74	20:52	68	31:10	0:35	66	25:24	54	57:08
55	5/9	137	Dalton Williams	26	M	119	10:17	1:31	87	21:39	86	33:27	0:38	37	23:14	55	57:18
56	4/12	122	Heather Winter	21	F	121	10:24	2:33	82	21:22	93	34:19	0:24	29	22:37	56	57:20
57	2/6	44	Justin McGaha	39	M	76	8:12	2:29	89	22:02	82	32:43	0:36	46	24:05	57	57:23
58	2/3	23	Katie Goad	13	F	33	7:13	1:01	123	24:19	78	32:33	0:41	49	24:14	58	57:27

59	3/9	124	Bethany Houghton	30	F	82	8:23	2:34	60	20:14	69	31:11	0:59	68	25:31	59	57:40
60	1/4	39	Natalie Griffiths	37	F	80	8:18	1:26	47	19:37	46	29:21	1:07	90	27:19	60	57:46
61	1/4	134	Denise Defenderfer	47	F	77	8:14	2:55	2	13:32	7	24:40	0:36	133	32:40	61	57:55
62	4/9	97	Sarah Bennett	30	F	68	8:06	1:31	83	21:24	66	31:00	0:59	77	26:05	62	58:03
63	12/18	165	Lucas Sherrod	22	M	42	7:23	2:04	130	24:58	95	34:24	0:41	38	23:17	63	58:21
64	6/9	45	Zac Inklebarger	29	M	15	6:30	2:10	80	21:22	54	30:01	0:38	92	27:49	64	58:27
65	5/8	67	Stephen Owens	49	M	116	10:09	1:14	65	20:19	71	31:42	0:59	73	25:49	65	58:29
66	RELAY	231	Emily Stooksbury		F	16	6:32	1:00	147	28:27	109	35:58	0:31	21	22:03	66	58:32
67	3/7	178	Cameron Sears	57	M	7	6:05	1:36	43	19:19	21	26:59	0:54	121	30:44	67	58:36
68	6/9	49	Britton Elmore	31	M	65	8:02	3:11	69	20:31	73	31:42	1:44	64	25:11	68	58:36
69	7/9	25	Justin Walpole	26	M	34	7:16	3:16	81	21:22	75	31:52	1:18	69	25:34	69	58:44
70	2/4	152	Wren Fraser	49	F	154	14:57	1:54	107	23:18	143	40:09	0:48	1	18:19	70	59:14
71	13/18	123	Jacob Ragland	22	M	55	7:49	2:59	75	20:58	74	31:46	1:25	80	26:10	71	59:20
72	8/13	72	Donnie Ross	42	M	81	8:20	1:29	56	20:06	52	29:55	1:33	93	27:55	72	59:22
73	5/9	6	Katelin Huey	32	F	98	8:59	1:40	68	20:29	67	31:07	1:01	89	27:16	73	59:23
74	5/12	93	Rebecca Percy	22	F	95	8:52	1:55	102	23:07	89	33:53	0:39	59	24:57	74	59:28
75	9/13	125	Robbi Dickens	40	M	126	10:40	1:29	86	21:35	87	33:43	2:01	48	24:11	75	59:54
76	14/18	118	Hartley Phinney	22	M	114	9:59	1:53	119	24:02	108	35:53	0:46	40	23:28	76	1:00:05
77	7/9	166	Jorge Munoz	31	M	152	13:26	2:12	45	19:28	98	35:04	1:20	47	24:05	77	1:00:28
78	6/12	54	Carly Brewington	20	F	28	7:03	0:50	71	20:34	38	28:26	0:42	125	31:34	78	1:00:42
79	8/9	64	Justin Kirby	30	M	71	8:07	2:28	90	22:12	83	32:46	2:05	75	25:57	79	1:00:46
80	10/13	158	Bubba Poston	44	M	135	11:30	2:50	51	19:50	91	34:08	0:30	81	26:19	80	1:00:57
81	4/7	55	Hunter Norris	58	M	102	9:10	2:03	38	19:06	60	30:18	1:08	112	29:53	81	1:01:18
82	1/9	101	Shameka Pollard	42	F	100	9:03	1:40	72	20:42	70	31:24	1:18	100	28:42	82	1:01:22
83	2/4	95	Beth Miller	37	F	99	9:02	1:10	70	20:32	64	30:43	1:04	110	29:44	83	1:01:30
84	3/6	179	Jordan Blevins	35	M	53	7:49	2:08	64	20:18	58	30:14	1:27	113	29:56	84	1:01:36
85	4/6	81	Caitie McMekin	27	F	90	8:38	1:41	95	22:20	80	32:38	0:31	96	28:30	85	1:01:39
86	11/13	136	James Noel	44	M	145	11:56	2:40	93	22:19	119	36:53	0:31	51	24:26	86	1:01:49
87	4/6	19	Brad Burton	37	M	59	7:56	2:13	57	20:08	59	30:16	1:36	114	29:59	87	1:01:50
88	1/2	90	Hilary Hunter	65	F	75	8:11	1:46	96	22:26	77	32:22	1:01	98	28:38	88	1:02:00
89	2/9	28	Laura Moffett	43	F	25	7:00	3:24	94	22:19	81	32:42	1:18	94	28:06	89	1:02:05
90	6/8	106	Christian Fraser	46	M	78	8:16	3:49	122	24:15	116	36:20	1:13	58	24:57	90	1:02:29
91	15/18	141	Evan Snider	23	M	130	10:58	2:39	106	23:18	118	36:53	0:43	60	25:01	91	1:02:36
92	9/9	46	Timothy Younkin	31	M	91	8:38	2:29	124	24:23	103	35:29	0:33	86	26:43	92	1:02:44
93	7/12	96	Layla Mosadegh	22	F	70	8:06	1:54	112	23:26	85	33:26	0:35	102	28:45	93	1:02:45
94	5/7	153	Joel Ragland	57	M	129	10:51	3:07	113	23:35	129	37:32	0:38	63	25:10	94	1:03:19
95	8/9	154	Seth Dias	26	M	93	8:46	1:45	139	26:09	117	36:39	0:37	78	26:06	95	1:03:20
96	6/9	105	Rebecca Price	30	F	115	10:05	2:35	129	24:54	130	37:33	1:06	56	24:53	96	1:03:32
97	3/9	84	Gina Zulantt	44	F	87	8:33	2:04	88	21:43	76	32:18	1:55	108	29:23	97	1:03:35
98	6/7	73	Don Turner	55	M	73	8:10	1:36	66	20:28	57	30:14	1:22	130	32:11	98	1:03:45
99	3/3	52	Sarah Coonce	12	F	64	8:02	1:18	144	27:44	123	37:02	0:52	74	25:56	99	1:03:49

100	8/12	37	Chloe Allen	22	F	21	6:45	2:41	103	23:09	79	32:35	1:36	111	29:50	100	1:03:59
101	3/4	51	Janet Coonce	39	F	52	7:47	1:25	143	27:44	120	36:54	1:06	79	26:07	101	1:04:06
102	4/9	68	Karrie Brimhall	42	F	69	8:06	1:35	104	23:10	84	32:50	2:00	115	30:11	102	1:05:00
103	7/8	11	Jack Talmadge	49	M	51	7:46	2:40	140	26:39	124	37:05	0:37	91	27:38	103	1:05:19
104	RELAY	234	Katelynn Boshaw		F	43	7:23	4:29	142	27:22	138	39:13	1:10	62	25:09	104	1:05:31
105	1/4	147	Kelli Stone	56	F	125	10:34	2:05	91	22:16	97	34:55	2:15	99	28:38	105	1:05:47
106	RELAY	251	Raleigh Potts						3	14:55	32	28:03	1:50	147	36:03	106	1:05:55
107	3/6	140	David Eaton	54	M	142	11:48	2:40	85	21:31	110	35:59	1:41	95	28:20	107	1:05:59
108	16/18	102	Ed Dudrick	23	M	105	9:25	1:57	46	19:36	65	30:57	3:19	129	32:01	108	1:06:17
109	7/9	173	Rose Ann Wills	33	F	133	11:14	2:33	132	25:05	137	38:51	0:55	85	26:43	109	1:06:28
110	2/4	76	Linda Graham	55	F	134	11:27	1:52	115	23:53	126	37:11	0:39	101	28:44	110	1:06:33
111	17/18	176	Parker Dodson	24	M	108	9:28	2:27	114	23:36	104	35:30	2:34	97	28:31	111	1:06:34
112	5/9	160	Margaret Page	43	F				127	24:46	99	35:11	1:06	118	30:23	112	1:06:39
113	9/9	171	Joshua Crum	28	M	147	12:19	2:29	126	24:37	139	39:24	0:34	87	27:01	113	1:06:58
114	5/6	132	Anna Mitchell	26	F	137	11:36	2:12	105	23:11	121	36:58	1:16	105	29:10	114	1:07:23
115	9/12	161	Taylor Lewis	24	F	112	9:47	2:52	97	22:33	100	35:12	0:53	124	31:27	115	1:07:31
116	RELAY	235	Ezra Swendsen		M	60	7:56	4:00	121	24:13	113	36:09	0:38	122	30:54	116	1:07:40
117	5/6	70	Josh Whitlock	39	M				153	29:00	147	40:36	0:35	82	26:33	117	1:07:43
118	RELAY	247	Morgan Wettengel			44	7:28	1:28	154	29:02	131	37:57	0:49	106	29:10	118	1:07:56
119	10/12	47	Callie Johnson	23	F				155	29:12	152	42:23	0:38	61	25:02	119	1:08:02
120	1/3	109	John Owen	65	M	113	9:49	2:20	99	22:42	96	34:51	1:30	127	31:49	120	1:08:09
121	11/12	150	Mikayla Murphy	21	F	94	8:46	2:38	141	26:52	133	38:14	0:36	109	29:34	121	1:08:23
122	4/4	29	Rachel Norman	36	F	66	8:05	1:58	150	28:36	135	38:38	0:54	104	29:08	122	1:08:40
123	18/18	177	Brandon Wen	24	M	36	7:17	3:27	101	23:02	88	33:46				123	1:08:43
124	1/3	144	John Kotsianas	62	M	104	9:23	2:41	92	22:17	94	34:21	3:01	126	31:43	124	1:09:03
125	5/7	145	Abby Wells	19	F	155	16:02	4:36	4	15:43	115	36:20	0:53	128	31:53	125	1:09:05
126	4/6	175	Sam Smith	52	M	123	10:30	2:18	109	23:23	114	36:10	1:51	123	31:05	126	1:09:05
127	3/4	143	Andrea Adams	47	F	118	10:16	2:44	117	24:00	122	36:58	2:35	116	30:14	127	1:09:47
128	6/7	60	Carter Dickens	15	M	83	8:27	2:07	111	23:26	90	33:59	1:42	140	34:42	128	1:10:22
129	3/4	148	Liz Lovelace	57	F	132	11:08	1:34	110	23:25	112	36:07	0:35	136	33:47	129	1:10:28
130	RELAY	272	Megan Heintz			150	12:54	2:17	62	20:16	102	35:27	1:09	138	33:59	130	1:10:33
131	8/8	104	James Daneil	49	M	127	10:40	2:09	84	21:27	92	34:15	2:18	139	34:02	131	1:10:33
132	12/12	149	Melissa Briant	21	F	92	8:46	2:50	145	27:58	141	39:33	0:44	119	30:27	132	1:10:43
133	6/9	138	Kelly Johnson	44	F	149	12:34	2:02	131	25:04	142	39:39	1:15	120	30:28	133	1:11:21
134	12/13	169	Jusbyn Lockard	43	M	89	8:37	1:49	133	25:17	107	35:43	0:44	143	35:22	134	1:11:48
135	6/6	151	John Rausin	36	M	109	9:34	2:41	100	23:02	101	35:16	2:03	141	34:49	135	1:12:07
136	6/6	34	Amanda McIntyre	29	F	56	7:52	3:46	118	24:02	106	35:38	0:47	145	35:53	136	1:12:17
137	2/3	89	John Snelling	67	M	124	10:31				128	37:18	2:54	131	32:30	137	1:12:41
138	RELAY	236	Alaina Stem		F	143	11:52	0:59	163	34:57	161	47:48	0:26	83	26:36	138	1:14:49
139	13/13	168	Jeffrey Cruz	40	M	148	12:30	4:11	136	25:34	151	42:15	1:07	132	32:35	139	1:15:56
140	2/3	108	Daniel Goade	63	M	146	12:05	6:17	63	20:17	136	38:38	2:41	144	35:34	140	1:16:52

141	RELAY	239	Tram Le	F	136	11:31	1:07	162	34:52	160	47:30	0:28	103	28:58	141	1:16:54	
142	2/2	91	Karin Jessen	66	F	120	10:22	2:15	125	24:35	125	37:10	2:18	151	37:29	142	1:16:56
143	4/4	133	Charica Collins	47	F	122	10:28	1:43	108	23:21	105	35:32	1:09	157	40:19	143	1:16:58
144	3/3	174	Ron Anderson	61	M	111	9:43	2:29	116	23:55	111	36:06	1:29	156	39:28	144	1:17:02
145	7/7	79	Steven Shelton	59	M	157	16:24	4:22	138	26:03	157	46:48	1:21	107	29:12	145	1:17:20
146	5/6	172	Michael Brodeur	50	M	153	14:18	3:07	120	24:11	150	41:35	0:49	142	35:18	146	1:17:41
147	8/9	130	Caitlin Black	32	F	151	12:55	2:03	135	25:33	146	40:31	0:56	150	36:58	147	1:18:24
148	RELAY	244	Elizabeth Jewell			32	7:13	1:11	159	33:05	148	41:28	1:13	146	36:02	148	1:18:42
149	7/7	100	Rylie Talmadge	19	F	110	9:38	4:28	156	30:29	155	44:33	0:49	135	33:25	149	1:18:47
150	RELAY	237	Lilly Howard		F	13	6:25	1:34	161	33:33	149	41:31	1:16	148	36:03	150	1:18:50
151	1/1	116	Arthur Griffith	76	M	138	11:39	2:55	98	22:42	127	37:14	3:20	154	39:10	151	1:19:43
152	7/9	155	Kerry Dooley	42	F	141	11:45	4:49	152	28:47	156	45:20	0:48	137	33:54	152	1:20:01
153	8/9	129	Mia Slager	40	F	144	11:53	2:34	137	25:53	145	40:19	1:14	155	39:20	153	1:20:52
154	2/2	170	Jamie Blessinger	51	F				148	28:29	154	43:34	1:03	149	36:20	154	1:20:57
155	1/1	98	Sally Goade	61	F	131	11:07	4:12	128	24:51	144	40:10	2:01	153	39:05	155	1:21:15
156	9/9	80	Ashley Pace	43	F	139	11:39	2:47	146	28:00	153	42:25	1:03	152	38:11	156	1:21:38
157	RELAY	246	Mary Grace Coffman			158	17:57	1:59	28	18:39	134	38:35		162	1:03:17	157	1:22:20
158	RELAY	238	Kyrablake Freeman		F	128	10:42	3:50	158	32:57	159	47:28	1:51	134	33:12	158	1:22:30
159	4/4	117	Ann Allen	56	F	140	11:44	2:22	134	25:21	140	39:26	1:56	159	45:15	159	1:26:37
160	3/3	156	William Elliott	66	M	159	20:13	7:57	157	30:39	163	58:47	1:16	117	30:15	160	1:30:18
161	9/9	99	Heidi Miller	32	F	117	10:15	3:19	160	33:14	158	46:48	1:59	158	43:52	161	1:32:39
162	RELAY	280	Bill Laurer			72	8:07	1:18	151	28:46	132	38:10	0:49	161	55:13	162	1:34:11
163	1/1	114	William Kelch	74	M	156	16:14	5:42	149	28:33	162	50:28	2:05	160	50:27	163	1:43:00
164	6/6	121	Matthew Twitchell	54	M	103	9:12	2:22	1	8:55	1	20:27	2:46				
165	RELAY	248	Melissa Maxwell						7	16:36							