

Race Date  
April 06, 2019

650AM WSM  
Age Group Results

**5K**

Female Overall Winner Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Angelika Grubel	Ormond Beach FL	48	120	6	19:46.6	6:22/M

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Female 15 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* SHEYENE HOLT		10	132	61	28:07.2	9:03/M
2	* Cailin Howse		11	137	74	29:44.8	9:34/M
3	* Rachel nelson	portland TN	13	181	94	31:29.9	10:08/M
4	Kaylyn Schiro		8	214	113	33:38.6	10:50/M
5	Miranda Howse		6	139	137	35:18.4	11:22/M
6	Kylie Howse		9	138	160	37:42.1	12:08/M
7	Journey Price	Old hickory TN	10	201	278	58:37.4	18:52/M

Female 16 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Rebecca Wied	BEAUMONT TX	19	264	22	24:37.8	7:55/M
2	* Kim Portwood	Troy MO	22	198	31	25:57.8	8:21/M
3	* Kylie Greeno	Nashville TN	19	117	47	26:52.5	8:39/M
4	Sydney Williams	Nashville TN	24	268	50	27:04.5	8:43/M
5	Kate George	AUSTIN TX	20	105	70	29:29.3	9:29/M
6	Ashlinn Corley	COTTONDALE AL	24	51	75	29:46.0	9:35/M
7	Allen Bryanna		20	39	95	31:35.5	10:10/M
8	Madeline Friday	NASHVILLE TN	22	98	98	31:51.1	10:15/M
9	Jordan Anderson	Clarksville TN	24	9	100	31:57.8	10:17/M
10	Angelina White	Scottville MI	24	259	104	32:22.1	10:25/M
11	Casey Smith	Cookeville TN	23	222	122	34:19.9	11:03/M
12	Jenna Curtis	Franklin KY	23	64	123	34:20.6	11:03/M
13	Mary Ervin	NASHVILLE TN	24	88	124	34:21.5	11:03/M
14	Colleen Coomes	Bowling Green KY	23	49	144	35:43.8	11:30/M
15	Savannah Shaver	WYTHEVILLE VA	19	215	207	46:45.0	15:03/M
16	Taylor Wood	Hermitage TN	20	271	213	47:34.1	15:19/M
17	Taylor Creek	BOWLING GREEN KY	20	58	216	48:06.2	15:29/M
18	Raelyn Stuart	Aurora IN	19	232	240	52:34.8	16:55/M
19	Madeline Myers	Hermitage TN	21	176	241	52:34.8	16:55/M
20	Caitlin Johnson	Lebanon TN	24	147	284	59:18.1	19:05/M

Female 25 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Deb Pratt		34	293	14	22:39.3	7:17/M
2	* April Coupe	FORT CAMPBELL KY	25	53	16	23:00.8	7:24/M
3	* Courtney Kling	Wayne PA	31	151	26	25:01.7	8:03/M
4	Hailey Rowe-Mabee	Nashville TN	27	206	32	25:58.1	8:21/M
5	MEGAN WHISTON	TROY MO	27	256	35	26:07.1	8:24/M

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Female 25 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Mallory Jones		30	148	42	26:34.0	8:33/M
7	Lesta Kocher	Cookeville TN	28	152	43	26:34.9	8:33/M
8	Ashley Sanders	GREENBRIER TN	27	209	45	26:50.3	8:38/M
9	Lauren Hopper	MADISON AL	34	134	48	26:58.4	8:41/M
10	Courtney Smith	WOODLAWN TN	27	221	56	27:29.3	8:51/M
11	Sarah White	Midland MI	28	257	58	27:30.5	8:51/M
12	Jordan Mayo	Greenbrier TN	27	162	59	27:51.1	8:58/M
13	Mary Beth Neece	Lewisburg TN	33	177	60	28:01.5	9:01/M
14	Katie Gerhard	ALEXANDRIA VA	34	106	64	28:38.5	9:13/M
15	Katherine Troxell	Clarksville TN	28	242	66	28:51.8	9:17/M
16	Maggie Troxell	CLARKSVILLE TN	27	241	67	28:51.8	9:17/M
17	Jessica Curtis	Blacksburg VA	31	63	68	28:56.6	9:19/M
18	Danielle Hillebrand	EAST ISLIP NY	25	129	71	29:29.8	9:29/M
19	Shannon Petrie	clifty KY	32	194	72	29:37.2	9:32/M
20	Lindsey Escue	Murfreesboro TN	34	89	77	29:56.5	9:38/M
21	Allison Farr	Nashville TN	26	90	78	29:58.2	9:39/M
22	Keysha Martinez	Nashville TN	27	161	79	30:04.5	9:41/M
23	Kerri Strock	Cookeville TN	26	231	83	30:27.3	9:48/M
24	Staci Hammett	Troy MO	32	122	86	30:41.6	9:53/M
25	Kristin Perry	White House TN	27	192	88	30:49.9	9:55/M
26	Ashley David	Goodlettsville TN	32	71	89	30:50.5	9:55/M
27	Kimberly McKenzie	Clifton TN	26	166	93	31:17.8	10:04/M
28	Dana Trinidad	CLARKSVILLE TN	31	240	99	31:57.7	10:17/M
29	Mary Wynn	Woodlawn TN	28	274	101	32:04.7	10:19/M
30	Laura Varnier		30	245	109	33:17.3	10:43/M
31	Bailey Poage	Nashville TN	26	197	126	34:22.2	11:04/M
32	Danielle Petraitis	Murfreesboro TN	33	193	129	34:39.5	11:09/M
33	Catie Offerman	Nashville TN	25	186	133	35:02.4	11:17/M
34	Stephanie Spiller	GOODLETTSVILLE TN	25	227	134	35:12.4	11:20/M
35	Emily Baldwin	Mt Juliet TN	30	20	142	35:30.2	11:26/M
36	juliana bejarano-hale	brentwood TN	29	22	143	35:33.0	11:27/M
37	Grace Perrin	NASHVILLE TN	28	191	145	35:56.8	11:34/M
38	Alexandria Hummel	INDIAN MOUND TN	26	143	150	36:25.5	11:43/M
39	Ayla Whittaker	Cookeville TN	30	262	152	36:44.4	11:49/M
40	Kayla Fugate	BOWLING GREEN KY	31	99	163	37:50.3	12:11/M
41	Sarah Heustis	Murfreesboro TN	30	126	176	40:29.4	13:02/M
42	Kortney Brus	Spring Hill TN	31	38	183	41:39.2	13:24/M
43	Andrea Geise		34	104	187	42:15.9	13:36/M
44	Lindsey Smalley	NASHVILLE TN	33	220	191	43:19.9	13:57/M
45	Heather Kruse	Murfreesboro TN	33	155	195	44:07.2	14:12/M
46	MERIDITH DANNENBAUM	Clarksville TN	34	68	217	48:14.5	15:31/M
47	Kelli Portwood	TROY MO	25	200	235	51:26.4	16:33/M

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Female 25 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
48	Courtney Alexander	NASHVILLE TN	26	4	242	53:00.2	17:04/M
49	Emily Speight	Hermitage TN	30	226	243	53:17.7	17:09/M
50	Nicole Osmera		34	291	249	54:34.6	17:34/M
51	Taylor Bennett	PORTLAND TN	28	23	253	56:26.4	18:10/M
52	Katie Berkompas		29	25	254	56:26.9	18:10/M
53	Kara Warmke	MOUNT JULIET TN	29	250	256	56:27.4	18:10/M
54	Kimberly Huggins	Palmyra TN	33	141	270	57:39.3	18:33/M

Female 35 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Stacey Trunecek	Old Hickory TN	37	243	19	23:36.7	7:36/M
2 *	Gwendolyn Erskine	Franklin TN	37	87	21	24:28.1	7:53/M
3 *	Brooke Scurloch		43	300	28	25:08.8	8:05/M
4	Christine Van Loon	Nashville TN	37	244	29	25:44.5	8:17/M
5	Ashley Reynolds	Bowling green KY	36	204	44	26:47.2	8:37/M
6	Dionne Waugh	Lakewood CO	39	255	55	27:09.5	8:44/M
7	Julie Austin	Clarksville TN	35	15	65	28:51.6	9:17/M
8	Kathie Oliver	Cornersville TN	38	187	73	29:41.1	9:33/M
9	Crista Oser	LA VERGNE TN	40	188	105	32:26.8	10:26/M
10	Tracy Hunt		39	281	108	33:16.1	10:42/M
11	Jo Ellen Holt	NASHVILLE TN	37	131	110	33:17.3	10:43/M
12	Jessica House		40	136	111	33:36.9	10:49/M
13	Megan McGinness	Roeland Park KS	42	164	112	33:37.8	10:49/M
14	Danica Koncoski	Ronaoke VA	38	154	127	34:22.5	11:04/M
15	Gretchen Zimmerer	Gallatin TN	43	279	130	34:39.5	11:09/M
16	Heather Neisen	Murfreesboro TN	37	178	138	35:18.4	11:22/M
17	Karla Garig	NASHVILLE TN	38	102	154	36:49.5	11:51/M
18	ASHLEIGH WHITWORTH	Nashville TN	35	263	155	36:49.8	11:51/M
19	Natalie Wright	Hermitage TN	38	273	156	36:53.7	11:52/M
20	Jennifer Schiro		38	211	157	37:19.5	12:01/M
21	Analiza Mckeon	Portland TN	39	167	161	37:47.0	12:10/M
22	Yvonne Galvan	Hermitage TN	42	101	162	37:47.8	12:10/M
23	Jennifer Anderson		41	10	179	40:48.3	13:08/M
24	Amy Cypret	Pleasant View TN	40	67	181	40:54.7	13:10/M
25	Jennifer Clark	COOKEVILLE TN	39	48	184	41:42.1	13:25/M
26	Michelle Gray	Hartsville TN	40	112	192	43:22.3	13:58/M
27	Carrie Nelson	portland TN	42	182	197	44:34.5	14:21/M
28	michelle wilson	HENDERSONVILLE TN	36	270	198	44:37.8	14:22/M
29	Candice Thurman	Castalian Springs TN	39	236	208	47:14.6	15:12/M
30	Cassie Gibbs	Gallatin TN	39	109	209	47:15.0	15:12/M

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Female 35 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
31	Tracy Draper	Castalian Springs TN	44	81	215	47:44.5	15:22/M
32	Wendy Wilburn	Smyrna TN	37	266	237	52:22.4	16:51/M
33	Jamie Adams	Navarre FL	35	2	239	52:28.8	16:53/M
34	Tobi Nelson	CLARKSVILLE TN	40	183	247	54:10.4	17:26/M
35	Jessica Alley	Westmoreland TN	39	5	252	56:25.2	18:10/M
36	Mandy Thompson	Shelbyville TN	42	235	258	56:32.9	18:12/M
37	Amber Fiez	Nashville TN	42	91	272	58:16.0	18:45/M
38	Lexi Carter		37	288	274	58:30.6	18:50/M

Female 45 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	NaShawn Hill	Antioch TN	46	128	33	26:00.8	8:22/M
2 *	Janean Moriarty	Poulsbo WA	50	173	46	26:51.9	8:39/M
3 *	Michele Cosgrove	Lebanon TN	49	52	52	27:05.8	8:43/M
4	Molly Green	SPRING HILL TN	51	115	76	29:48.6	9:36/M
5	Christie birdwell	Sparta TN	51	28	81	30:18.6	9:45/M
6	Jennifer Covington	White House TN	46	54	82	30:20.9	9:46/M
7	Tami Greenwell	SPRING HILL TN	50	118	84	30:28.4	9:48/M
8	Marsha Brock	Sparta TN	54	32	91	31:08.8	10:01/M
9	Lea Ann Brewer	Nashville TN	48	31	92	31:14.5	10:03/M
10	Jacqueline Petty	Brentwood TN	50	196	102	32:07.2	10:20/M
11	Jennifer Royce	Clarksville TN	49	208	103	32:21.8	10:25/M
12	Stacy Jetton	Sedalia KY	52	146	118	33:50.9	10:53/M
13	Renae Vaughn	Joelton TN	50	247	120	34:01.2	10:57/M
14	Kim Higgins	Lewisburg KY	47	127	128	34:28.3	11:06/M
15	Jennifer Douthitt	Clarksville TN	47	80	139	35:25.1	11:24/M
16	Kathy Best	Charlotte TN	52	26	149	36:06.0	11:37/M
17	Angie Stiff	NASHVILLE TN	51	230	151	36:27.3	11:44/M
18	Priscilla Dillard	Charlotte TN	54	78	153	36:48.4	11:51/M
19	Shanon Freeman	Nashville TN	49	96	164	38:26.4	12:22/M
20	Daedra Duenow	BOWLING GREEN KY	48	82	168	39:27.0	12:42/M
21	Stephanie Flowers	Franklin TN	53	92	170	39:54.5	12:51/M
22	Melinda Wiggins	Lebanon TN	53	265	172	40:11.9	12:56/M
23	Jennifer Parker	Portland TN	50	189	173	40:14.5	12:57/M
24	Terri Bryant	Springfield TN	52	40	180	40:54.4	13:10/M
25	Terri Robison	Nashville TN	52	205	189	42:33.7	13:42/M
26	Teresa Sneed	Nolensville TN	45	224	190	42:51.7	13:48/M
27	Heidi Canosa	Gallatin TN	47	44	203	45:32.5	14:39/M
28	Joy Davis	Pegram TN	46	72	204	45:38.9	14:41/M
29	Jennifer Cunningham	Old Hickory TN	47	61	211	47:26.7	15:16/M

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Female 45 to 54

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30	Vonda Sisco	Gallatin TN	54	218	214	47:44.5	15:22/M
31	Augusta Hagen	Hendersonville TN	46	121	218	48:14.7	15:31/M
32	Rhonda Timmons	Kirksey KY	53	237	220	48:27.4	15:36/M
33	Heather Bensel	Leesburg VA	50	24	224	49:15.8	15:51/M
34	Elaine Roy	Gallatin TN	53	207	228	50:37.0	16:18/M
35	Charlotte Sneed	PORTLAND TN	52	223	229	50:37.1	16:18/M
36	Keri Ford	Hendersonville TN	46	93	230	50:37.4	16:18/M
37	Kristy Portwood	Troy MO	52	199	234	51:26.0	16:33/M
38	Melissa Williams	FRANKLIN TN	48	267	236	51:42.8	16:38/M
39	Angie Bufford	Troy MO	51	42	250	55:38.5	17:54/M
40	Ronda Mennemeyer	TROY MO	54	169	251	55:38.7	17:54/M
41	Cathy Sue Brunk		50	37	264	56:54.3	18:19/M
42	Christy Wood	Hermitage TN	45	272	266	56:59.2	18:20/M
43	Melanie Renfro	GOODLETTSVILLE TN	45	203	280	59:03.3	19:00/M
44	Melissa Cross	Hermitage TN	53	59	283	59:17.8	19:05/M

Female 55 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Vickie Spickard		61	299	18	23:07.8	7:26/M
2 *	Charlene Sledge	Murfreesboro TN	56	219	30	25:49.8	8:19/M
3 *	Ingeborg Grayer	Clarksville TN	60	113	49	27:03.3	8:42/M
4	Julia Audretch	Nashville TN	60	14	53	27:07.1	8:44/M
5	Sandra Kerr	Cookeville TN	59	149	85	30:39.5	9:52/M
6	Trisha Mitchell	Sparta TN	55	171	106	32:49.8	10:34/M
7	Cheryl Brown	Franklin TN	60	34	107	33:12.2	10:41/M
8	Betty McCarty	Marietta GA	59	163	121	34:15.8	11:01/M
9	Jane Baab	Marietta GA	55	17	131	34:41.1	11:10/M
10	Carlene Wilson		57	269	158	37:19.7	12:01/M
11	antonia silva- hale		64	217	165	38:37.5	12:26/M
12	Marsha Brown	Madison TN	56	35	166	39:05.9	12:35/M
13	Melissa Dean	Mount Juliet TN	58	75	171	40:11.8	12:56/M
14	Gina McMillan	ERIN TN	58	168	177	40:32.1	13:03/M
15	Janet Gibbs		56	108	185	41:46.3	13:27/M
16	Carol Dugger	Murfreesboro TN	64	83	186	42:09.3	13:34/M
17	Anna Diaz	Dickson TN	61	77	199	44:53.3	14:27/M
18	Linda Freeman	HERMITAGE TN	57	97	206	45:58.2	14:48/M
19	Clara Tisdale	Hermitage TN	64	238	212	47:33.6	15:18/M
20	Kathy Baker-Bowen	MURFREESBORO TN	59	19	219	48:26.8	15:35/M
21	JANET DORRIS		56	79	221	49:01.5	15:47/M
22	Dorothy Handley-Miley	Perry FL	63	123	223	49:03.1	15:47/M

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Female 55 to 64

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23	Denise Gettier	Clarksville TN	62	107	231	50:46.2	16:20/M
24	Rhonda Earhart	Dover TN	58	85	232	50:46.4	16:20/M
25	Carla Cushman	COTTONTOWN TN	61	66	233	51:16.0	16:30/M
26	Lisa Petty		56	195	244	53:44.0	17:18/M
27	Susan Grinnell	Gallatin TN	63	119	245	53:44.0	17:18/M
28	Sherry Blair	COTTONTOWN TN	57	29	261	56:53.3	18:19/M
29	Patti Stephen	White House TN	59	229	273	58:24.7	18:48/M
30	Devon Oday		57	287	275	58:31.0	18:50/M
31	Doreen Francis	Nolensville TN	61	95	282	59:16.4	19:05/M

Female 65 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Melissa Norwood	Murfreesboro TN	66	185	116	33:45.8	10:52/M
2 *	Kathryn Waters	Leesburg FL	70	253	174	40:19.9	12:59/M
3 *	Darlene Ryan		66	297	193	43:24.6	13:58/M
4	DONNA PATE	MADISON TN	69	190	222	49:02.5	15:47/M
5	Vickie Osmera		66	289	226	50:13.1	16:10/M
6	Ruth Baine	SHELBYVILLE TN	65	18	248	54:28.2	17:32/M
7	Dorothy Ann Lee		72	158	262	56:53.4	18:19/M
8	Patty Altenbernt	Old Hickory TN	73	6	267	56:59.5	18:20/M

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Male Overall Winner Winners

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1	Jacob Carrigan		38	294	1	17:03.0	5:29/M



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1 *	Douglas Green		13	116	23	24:39.1	7:56/M
2 *	Christian Schiro	Mount Juliet TN	9	212	34	26:01.4	8:22/M
3 *	Kaden Schiro	Mount Juliet TN	9	213	39	26:18.9	8:28/M
4	Ian Nelsob	portland TN	15	180	80	30:06.2	9:41/M
5	ZACHARY DANNENBAUM		6	70	117	33:47.3	10:52/M
6	Ethan Waugh		10	295	202	45:32.3	14:39/M
7	Kaleb Cunningham	Old Hickory TN	15	62	210	47:26.1	15:16/M

Male 16 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Maurice Grayer	Clarksville TN	24	114	10	21:21.6	6:52/M
2 *	Gary Brown		22	283	13	22:26.6	7:13/M
3 *	Blake Bowen	Murfreesboro TN	18	30	132	34:56.8	11:15/M
4	Matthew Ardell	GOODLETTSVILLE TN	22	11	135	35:12.7	11:20/M
5	Tyler Chitty	Nashville TN	23	46	201	45:14.2	14:34/M

Male 25 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Brennan Barlow		27	296	2	18:32.5	5:58/M
2 *	Kyle Kuhn	Hermitage TN	29	156	3	19:36.6	6:19/M
3 *	Marty Broser	WAYNE PA	30	33	5	19:46.4	6:22/M
4	Sean McHugh	Nashville TN	25	165	8	20:31.3	6:36/M
5	Christopher Lopez	Nashville TN	30	160	17	23:01.5	7:25/M
6	Robert White		26	260	24	24:48.3	7:59/M
7	Tanner Corley	COTTONDALE AL	34	50	27	25:07.3	8:05/M
8	Caleb Whitfield	Clarksville TN	30	261	40	26:28.7	8:31/M
9	Sean Cowhey	WAUKEGAN IL	28	55	51	27:04.5	8:43/M
10	Joseph Spite	Cookeville TN	30	228	54	27:09.5	8:44/M
11	Dustin White	Midland MI	28	258	57	27:30.5	8:51/M
12	Nicolas Vasquez	ALEXANDRIA VA	34	246	63	28:38.5	9:13/M
13	JOSEPH DANNENBAUM		34	69	119	34:00.8	10:57/M
14	Cameron Tope	Houston TX	28	239	125	34:21.6	11:03/M
15	Alver Auberry	Hermitage TN	31	13	136	35:16.7	11:21/M
16	Harrison Lange	NASHVILLE TN	33	157	146	36:04.3	11:37/M
17	Leigh Houison	Nashville TN	34	135	147	36:04.6	11:37/M
18	Jonathan Curtis	Franklin KY	26	65	169	39:32.6	12:43/M
19	Dan Rogers		32	285	265	56:55.4	18:19/M
20	Jesse Huggins		34	142	271	57:39.5	18:33/M

Race Date  
April 06, 2019

650AM WSM  
Age Group Results

5K

Male 25 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
21	Professor And The Bull	Centerville TN	29	7	276	58:33.6	18:51/M
22	Anthony Azzi	Dickson TN	29	16	277	58:33.6	18:51/M

Male 35 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Brian Meyer	Nashville TN	39	170	11	21:25.9	6:54/M
2 *	Kevin Jerde	White House TN	42	145	15	22:56.1	7:23/M
3 *	WAYLON HOLT		40	133	20	24:05.5	7:45/M
4	Marcus Foster	Antioch TN	43	94	25	24:55.9	8:01/M
5	Joe Koncoski	ROANOKE VA	39	153	36	26:11.1	8:26/M
6	Russell Szymczak	HENDERSONVILLE TN	41	233	87	30:45.4	9:54/M
7	Ryan Young	HICKORY CRNRS MI	43	275	97	31:40.8	10:12/M
8	Christopher Schiro	Mount Juliet TN	38	210	114	33:43.1	10:51/M
9	Chris Grant	Spring Hill TN	40	111	141	35:27.9	11:25/M
10	Michael Clark	COOKEVILLE TN	43	47	178	40:41.0	13:06/M
11	Nick Kilen		44	150	246	54:10.0	17:26/M
12	Scott Sexton		36	292	259	56:50.4	18:18/M

Male 45 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	William Venezuela	NASVILLE TN	54	248	9	20:33.9	6:37/M
2 *	Eddie Niziolek	South Bend IN	46	184	37	26:11.9	8:26/M
3 *	Jimmy Gringer		51	284	69	29:22.0	9:27/M
4	Kurt Neisen		47	179	159	37:41.9	12:08/M
5	James Harper	HENDERSONVILLE TN	48	124	188	42:32.0	13:41/M
6	Paul Davis	Pegram TN	49	73	205	45:39.1	14:42/M
7	Richard Cozart	GREENUP KY	53	57	255	56:27.4	18:10/M
8	Richard Cozart	HUNTINGTON WV	47	56	257	56:28.3	18:10/M
9	Nick Young	Nashville TN	51	276	260	56:50.7	18:18/M
10	Mike Brunk	Springfield TN	51	36	263	56:54.0	18:19/M
11	Howie Garoutte	OLD HICKORY TN	52	103	268	57:03.6	18:22/M

Male 55 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Grego Haselwander		55	286	4	19:40.2	6:20/M
2 *	David Schumanski		64	298	7	20:22.2	6:33/M

Race Date  
April 06, 2019

650AM WSM  
Age Group Results

5K

Male 55 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3 *	Terry Quillen	Tullahoma TN	56	202	12	21:33.9	6:56/M
4	Kevin Desmond	Nashville TN	60	76	38	26:15.7	8:27/M
5	Carl Huckaby	The Woodlands TX	57	140	41	26:29.5	8:31/M
6	John Shea	Hendersonville TN	58	216	62	28:18.8	9:07/M
7	David Washburn	Nashville TN	63	251	90	30:57.6	9:58/M
8	Ray Biggs	Cottontown TN	64	27	96	31:35.5	10:10/M
9	Donald Gipson	CLARKSVILLE TN	56	110	140	35:25.4	11:24/M
10	Benny Sokoloskis	HENDERSONVILLE TN	60	225	148	36:05.3	11:37/M
11	Jeff Bryant	SPRINGFIELD TN	58	41	196	44:21.7	14:16/M
12	David Barlow	Portland TN	58	21	238	52:24.9	16:52/M
13	Dean Holmen		59	282	269	57:03.9	18:22/M
14	Jim Gaines	Old Hickory TN	56	100	279	58:38.0	18:52/M
15	Tim Atwood	Hendersonville TN	62	12	281	59:14.7	19:04/M

Male 65 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Gerald Haynes	Cookeville TN	68	125	115	33:45.7	10:52/M
2 *	John Jameson	Baldwin GA	75	144	167	39:22.2	12:40/M
3 *	Michael Waters	LEESBURG FL	69	254	175	40:20.2	12:59/M
4	David Holder	Fairview TN	78	130	182	41:02.8	13:12/M
5	Austin Adams	NASHVILLE TN	74	1	194	44:04.0	14:11/M
6	Mark Loewin		65	280	200	45:09.1	14:32/M
7	Wayne Dugger	Murfreesboro TN	71	84	225	49:17.0	15:52/M
8	Dennis Osmera		76	290	227	50:14.1	16:10/M