

Race Date
May 31, 2021

Foothills Sprint Triathlon
Final Results

Female Overall Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Total Time</u>
1	15	Melinda Spiva	32	34	1	4:44	1:14	1	21:09	0:42	3	18:46	46:37
2	18	Carissa Chambers	67	33	2	4:47	1:08	2	22:08	0:44	1	18:01	46:51
3	21	Marsha Morton	35	55	3	5:23	2:00	3	22:40	0:48	2	18:13	49:08

Male Overall Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Total Time</u>
1	1	William Gates	37	32	2	4:15	0:47	1	17:39	0:12	2	14:06	37:01
2	2	Brek Minarik	59	34	1	4:15	1:33	2	17:52	0:47	1	13:13	37:41
3	3	Rick Vest	50	58	3	4:21	0:49	3	18:59	0:22	3	17:39	42:11

Female Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Total Time</u>
1	29	Muna Rodriguez	68	44	1	6:27	1:50	1	22:34	1:01	1	18:53	50:48

Male Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Total Time</u>
1	5	Ronald Manis	33	56	1	4:54	1:04	1	52:51	1:21			43:32

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Female Grandmasters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>T1</u>	<u>Rnk</u>	<u>Time</u>	<u>T2</u>	<u>Rnk</u>	<u>Time</u>	<u>Total</u>	<u>Time</u>
1	48	Kathryn Scourby	53	63	1	6:09	1:59	1	23:41	0:55	1	23:49	56:34	

Male Grandmasters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>T1</u>	<u>Rnk</u>	<u>Time</u>	<u>T2</u>	<u>Rnk</u>	<u>Time</u>	<u>Total</u>	<u>Time</u>
1	6	Michael Yates	75	57	1	3:43	1:35	1	19:39	0:48	1	17:49	43:37	

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Male No Age Provided

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Total Time</u>
1	11	Mighty Fiesties	44		3	4:51	0:58	1	19:35	0:18	2	19:30	45:14
2	17	Sono Sprinters	28		2	4:16	1:03	2	21:49	0:18	1	19:12	46:40
3	51	Worth A Tri	22		1	4:00	1:25	3	30:57	23:00			57:13

Female 14 and Under

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Total Time</u>
1	91	Kaelyn Steen	26	13	1	6:12	3:16	1	32:26	1:58	1	30:02	1:13:55
2	102	Grace Cooper	128	12	2	7:41	5:16	2	35:22	1:13	2	42:02	1:31:37

Male 14 and Under

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Total Time</u>
1	96	Danny Davis	100	12	1	7:33	3:58	1	41:05	0:49	1	24:38	1:18:05

Female 15 to 19

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Total Time</u>
1	28	Layla Woods	18	17	1	4:45	1:33	1	23:55	0:38	1	19:34	50:27

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Male 15 to 19

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>		
1	46	Jackson Lowe	31	16	1	4:33	3:35	1	28:26	1:03	1	17:45	55:24		

Female 20 to 24

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>		
1	63	Trisha Clay	91	22	1	4:24	2:09	1	28:53	0:57	1	24:43	1:01:07		
2	99	Yael Uziel	84	24	2	5:30	5:30	2	39:26	0:48	2	30:52	1:22:08		

Female 25 to 29

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>		
1	43	Lindsey Miossi	10	27	1	4:46	2:45	3	26:54	0:19	1	19:42	54:29		
2	49	Brittney Whipple	94	28	4	6:57	2:04	1	25:38	0:35	2	21:23	56:39		
3	60	Emily Gessler	79	28	3	6:26	2:29	2	25:56	1:19	3	23:24	59:35		
4	68	Jessica Cross	52	29	2	5:23	2:10	4	28:13	1:11	4	26:00	1:02:58		

Male 25 to 29

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>		
1	8	Garin Mull	40	27	2	4:58	1:21	1	20:13	1:01	1	16:15	43:50		
2	9	Ryan Cooper	78	29	1	4:27	1:22	2	21:14	0:41	2	16:46	44:32		

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Male 25 to 29

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	
3	52	Logan Markwell	64	26	3	5:37	1:56	4	31:10	0:18	3	18:47	57:49		
4	72	Christian Lomax	23	29	4	6:44	2:20	3	30:21	1:52	4	22:14	1:03:33		

Female 30 to 34

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	
1	44	Kayla Millsaps	14	33	1	4:33	2:31	1	26:41	0:31	1	20:25	54:44		
2	75	Mindy Volk	96	31	3	6:23	3:54	2	29:41	1:05	3	24:08	1:05:13		
3	79	Rachel Crouch	41	30	2	6:20	4:28	3	31:58	1:12	2	22:34	1:06:33		

Male 30 to 34

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	
1	7	Chris Stanley	58	31	3	5:26	1:45	1	20:26	0:55	1	15:08	43:42		
2	13	Graham Gilley	89	31	1	4:06	1:52	2	20:35	1:12	4	18:07	45:54		
3	14	Christopher Recio	4	33	2	5:14	2:08	3	21:22	1:30	2	16:16	46:32		
4	23	Josh Elkins	8	33	4	6:03	2:11	4	23:20	0:26	3	17:29	49:30		
5	77	William Jones	3	31	6	8:44	3:01	6	29:00	0:46	5	23:50	1:05:23		
6	81	Shane Cross	51	32	5	7:32	3:14	5	28:05	0:24	6	28:20	1:07:36		

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Female 35 to 39

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total
Place	Overall				Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	38	Katie Dotson	55	35	1	4:50	2:07	1	24:02	1:12	1	21:02	53:15
2	86	Barbara Doud	57	39	2	7:57	3:28	2	28:59	0:49	2	30:41	1:11:57

Male 35 to 39

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total
Place	Overall				Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	4	Brent Dickenson	69	36	2	4:22	1:43	1	19:17	0:58	1	16:34	42:57
2	10	Mike Dotson	56	36	1	3:42	1:39	2	19:54	0:51	2	18:40	44:48
3	34	Andrew Sharps	9	38	4	5:01	3:22	6	24:31	23:09			52:00
4	37	Mark Hines	60	35	3	5:01	1:59	4	23:00	1:02	5	21:50	52:55
5	39	Mark Llewellyn	21	38	7	6:45	2:47	3	22:53	1:02	3	19:47	53:17
6	42	Robert Galvez	11	39	6	6:42	2:24	5	24:11	1:05	4	19:57	54:21
7	82	Jonathan Goedeke	29	36	5	6:26	3:56	7	27:40	1:50	6	28:11	1:08:05
8	104	John Rausin	66	38	8	7:26	5:29	8	35:58	2:36	7	43:03	1:34:34

Female 40 to 44

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total
Place	Overall				Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	35	Marta Crass	70	43	1	5:26	1:45	1	24:39	0:57	1	19:52	52:42
2	88	Jennifer Dooley	12	42	4	8:12	2:33	2	28:36	0:32	3	33:50	1:13:44
3	100	Catherine Wilson	85	42	2	5:36	5:30	3	33:04	7:11	2	30:56	1:22:19
4	101	Sara Cooper	129	43	3	7:24	5:19	4	35:20	1:12	4	42:04	1:31:21

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Male 40 to 44

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total
Place	Overall				Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	20	Kevin Alexander	48	41	2	5:22	1:07	2	22:33	0:31	1	19:15	48:49
2	25	Elton Evans	125	41	4	5:42	2:36	1	20:52	0:59	2	19:50	50:01
3	33	Matthew Bailey	24	42	1	5:21	1:51	3	23:49	0:48	3	19:56	51:47
4	54	Brian Pugh	43	40	3	5:35	3:02	4	26:39	1:13	4	21:49	58:20
5	87	Jeremy Dooley	13	40	6	7:54	2:41	5	29:21	0:30	6	33:00	1:13:28
6	89	Jason Lowe	30	43	5	6:33	3:07	6	31:28	1:02	5	31:36	1:13:47

Female 45 to 49

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total
Place	Overall				Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	36	Sofia Bell	63	48	2	6:31	1:51	1	21:43	1:16	2	21:20	52:43
2	41	Joy Hopkins	97	47	1	6:10	1:57	2	23:59	1:04	1	20:47	54:00
3	93	Elizabeth Harrison	17	49	3	8:23	3:25	3	37:37	0:31	3	27:30	1:17:29

Male 45 to 49

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total
Place	Overall				Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	19	Todd Temple	82	47	4	6:10	2:01	1	21:02	0:43	1	18:05	48:02
2	22	Ethan Turner	42	49	1	4:55	1:56	3	23:05	0:32	2	18:50	49:21
3	30	Rick Steen	25	47	2	5:00	2:12	2	22:34	1:14	3	19:55	50:57
4	62	Heath Culpepper	71	49	3	5:04	2:35	4	25:08	1:20	4	26:19	1:00:28
5	103	Jack Cooper	130	45	5	7:00	6:09	5	35:03	1:32	5	42:08	1:31:54

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Foothills Sprint Triathlon
Final Results

Female 50 to 54

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>T1</u>	<u>Rnk</u>	<u>Time</u>	<u>T2</u>	<u>Rnk</u>	<u>Time</u>	<u>Total</u>	<u>Time</u>
1	76	Kimberly Coward	5	50	1	7:09	4:07	1	27:09	2:03	2	24:52	1:05:22	
2	94	Amy Davis	98	52	2	7:30	5:18	2	34:31	5:38	1	24:40	1:17:39	

Male 50 to 54

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>T1</u>	<u>Rnk</u>	<u>Time</u>	<u>T2</u>	<u>Rnk</u>	<u>Time</u>	<u>Total</u>	<u>Time</u>
1	24	Michael Bowling	88	51	3	6:00	2:47	1	20:07	1:37	1	19:08	49:41	
2	27	Christopher Wells	93	51	5	6:12	2:35	2	20:49	1:16	2	19:29	50:23	
3	32	Stephen Owens	83	51	2	5:50	1:55	3	21:55	1:26	3	20:24	51:32	
4	45	Sean White	95	51	1	5:10	3:34	4	24:22	1:17	4	20:35	55:00	
5	47	Don Goins	49	51	7	7:08	1:58	5	24:34	1:13	5	20:38	55:32	
6	55	Michael Sugarman	80	51	4	6:07	4:22	7	25:45	1:12	6	21:03	58:30	
7	61	Adam Burnett	16	51	6	6:51	3:32	6	25:37	0:46	7	23:00	59:48	
8	83	David Knable	20	51	9	8:16	4:22	8	27:32	1:55	9	26:59	1:09:05	
9	95	Scott Davis	99	53	8	7:20	4:27	9	40:35	0:50	8	24:38	1:17:51	

Female 55 to 59

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>T1</u>	<u>Rnk</u>	<u>Time</u>	<u>T2</u>	<u>Rnk</u>	<u>Time</u>	<u>Total</u>	<u>Time</u>
1	73	Sherry Harris	76	55	1	6:54	2:13	1	27:40	1:42	1	25:26	1:03:57	

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Male 55 to 59

Place		Name	Bib No	Age	----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
Place	Overall				Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	12	Shahin Hadian	47	59	2	4:44	0:52	1	20:25	0:34	2	18:51	45:29
2	16	Stephen Cole	7	55	1	4:36	1:46	2	20:49	0:58	1	18:28	46:39
3	26	Mitch Doktycz	73	57	3	5:36	2:39	3	21:40	0:56	4	19:29	50:21
4	31	Mark D'Alessandro	87	59	6	8:00	1:21	4	22:21	0:26	3	18:54	51:03
5	58	Fred Schultheis	74	57	5	6:51	3:13	5	24:27	1:13	6	23:34	59:20
6	64	John Sayegh	127	55	7	10:02	3:35	6	26:26	0:30	5	21:06	1:01:40
7	74	Tim Pace	72	57	4	6:36	2:05	7	27:29	0:56	7	27:57	1:05:06

Female 60 to 64

Place		Name	Bib No	Age	----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
Place	Overall				Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	70	Sharon Bumgardner	62	64	3	8:22	5:02	1	26:05	1:57	1	21:45	1:03:13
2	97	Jean Miller	45	63	1	6:55	4:47	3	33:29	1:20	2	32:00	1:18:32
3	98	Sally Goade	81	63	2	7:16	4:29	2	29:18	2:16	3	36:08	1:19:29

Male 60 to 64

Place		Name	Bib No	Age	----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
Place	Overall				Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	40	Michael Berry	1	61	2	5:18	1:59	1	21:56	1:04	1	23:21	53:40
2	59	Steve Tompkins	46	60	1	5:12	2:09	4	25:18	1:31	2	25:19	59:32
3	67	John Harris	77	60	4	7:06	2:56	2	23:27	2:04	4	27:01	1:02:35
4	71	Steven Shelton	126	61	5	8:40	2:36	3	25:14	0:42	3	26:02	1:03:15
5	80	Dale Less	36	62	3	6:10	2:34	5	28:16	1:20	5	29:03	1:07:24

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Female 65 to 69

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	
1	50	Hilary Hunter	90	67	1	5:08	1:42	1	25:20	1:01	1	23:37	56:49		
2	84	Karin Jessen	34	68	2	6:30	2:52	2	26:49	1:27	3	31:36	1:09:16		
3	85	Candy Habich	15	65	3	7:39	4:14	3	30:11	0:49	2	27:30	1:10:25		

Male 65 to 69

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	
1	53	Robert Despins	2	66	1	5:33	2:33	1	24:13	1:18	4	24:19	57:57		
2	57	Victor Hugo Agreda	6	68	4	6:34	3:44	3	26:02	0:36	2	22:03	59:02		
3	65	Clyde Kidd	61	69	5	8:30	4:21	6	28:34	0:31	1	20:12	1:02:09		
4	66	John Snelling	65	69	3	6:16	2:28	2	25:51	2:08	5	25:29	1:02:13		
5	69	Bob Benge	54	66	2	5:38	2:26	4	27:31	1:17	6	26:04	1:02:58		
6	78	Gary Irving	27	68	6	8:46	3:43	5	28:10	0:55	3	23:53	1:05:29		

Male 70 to 74

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	
1	90	Al Leitch	39	72	1	8:01	3:14	1	32:11	0:26	1	29:56	1:13:50		

Race Date
May 31, 2021

Foothills Sprint Triathlon
Final Results

Male 75 to 79

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Total Time</u>
1	56	Ernest Cadotte	86	75	2	6:18	2:44	1	25:30	0:26	1	23:55	58:54
2	92	Peter Hackbert	38	76	1	6:03	2:50	2	29:03	1:54	2	36:52	1:16:44