

Foothills Sprint Triathlon

Overall Results

Race Date

May 31, 2021

Place	Name	Bib No	AG Place	Swim		T1		Bike		T2		Run		Total Time
				Rnk	Time	Time	Rnk	Time	Time	Rnk	Time			
1	William Gates	37	1:M Overall	5	4:15	0:47	1	17:39	0:12	2	14:06		37:01	
2	Brek Minarik	59	2:M Overall	4	4:15	1:33	2	17:52	0:47	1	13:13		37:41	
3	Rick Vest	50	3:M Overall	6	4:21	0:49	3	18:59	0:22	9	17:39		42:11	
4	Brent Dickenson	69	1:M 35-39	7	4:22	1:43	4	19:17	0:58	6	16:34		42:57	
5	Ronald Manis	33	1:M Masters	19	4:54	1:04	101	52:51	1:21				43:32	
6	Michael Yates	75	1:M Grandma	2	3:43	1:35	5	19:39	0:48	11	17:49		43:37	
7	Chris Stanley	58	1:M 30-34	36	5:26	1:45	10	20:26	0:55	3	15:08		43:42	
8	Garin Mull	40	1:M 25-29	21	4:58	1:21	8	20:13	1:01	4	16:15		43:50	
9	Ryan Cooper	78	2:M 25-29	9	4:27	1:22	17	21:14	0:41	7	16:46		44:32	
10	Mike Dotson	56	2:M 35-39	1	3:42	1:39	6	19:54	0:51	17	18:40		44:48	
11	Shahin Hadian	47	1:M 55-59	13	4:44	0:52	9	20:25	0:34	21	18:51		45:29	
12	Graham Gilley	89	2:M 30-34	3	4:06	1:52	11	20:35	1:12	14	18:07		45:54	
13	Christopher Recio	4	3:M 30-34	29	5:14	2:08	18	21:22	1:30	5	16:16		46:32	
14	Melinda Spiva	32	1:F Overall	14	4:44	1:14	16	21:09	0:42	18	18:46		46:37	
15	Stephen Cole	7	2:M 55-59	12	4:36	1:46	13	20:49	0:58	16	18:28		46:39	
16	Carissa Chambers	67	2:F Overall	17	4:47	1:08	23	22:08	0:44	12	18:01		46:51	
17	Todd Temple	82	1:M 45-49	52	6:10	2:01	15	21:02	0:43	13	18:05		48:02	
18	Kevin Alexander	48	1:M 40-44	32	5:22	1:07	25	22:33	0:31	25	19:15		48:49	
19	Marsha Morton	35	3:F Overall	34	5:23	2:00	28	22:40	0:48	15	18:13		49:08	
20	Ethan Turner	42	2:M 45-49	20	4:55	1:56	31	23:05	0:32	20	18:50		49:21	
21	Josh Elkins	8	4:M 30-34	47	6:03	2:11	32	23:20	0:26	8	17:29		49:30	
22	Michael Bowling	88	1:M 50-54	46	6:00	2:47	7	20:07	1:37	24	19:08		49:41	
23	Elton Evans	125	2:M 40-44	44	5:42	2:36	14	20:52	0:59	31	19:50		50:01	
24	Mitch Doktycz	73	3:M 55-59	40	5:36	2:39	19	21:40	0:56	27	19:29		50:21	
25	Christopher Wells	93	2:M 50-54	55	6:12	2:35	12	20:49	1:16	26	19:29		50:23	
26	Layla Woods	18	1:F 15-19	15	4:45	1:33	36	23:55	0:38	28	19:34		50:27	
27	Muna Rodriguez	68	1:F Masters	62	6:27	1:50	27	22:34	1:01	22	18:53		50:48	
28	Rick Steen	25	3:M 45-49	22	5:00	2:12	26	22:34	1:14	33	19:55		50:57	
29	Mark D'Alessandro	87	4:M 55-59	91	8:00	1:21	24	22:21	0:26	23	18:54		51:03	
30	Stephen Owens	83	3:M 50-54	45	5:50	1:55	21	21:55	1:26	37	20:24		51:32	
31	Matthew Bailey	24	3:M 40-44	31	5:21	1:51	35	23:49	0:48	34	19:56		51:47	
32	Andrew Sharps	9	3:M 35-39	24	5:01	3:22	43	24:31	23:09				52:00	
33	Marta Crass	70	1:F 40-44	35	5:26	1:45	45	24:39	0:57	32	19:52		52:42	

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				<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>			
34	Sofia Bell	63	1:F 45-49	64	6:31	1:51	20	21:43	1:16	45	21:20		52:43	
35	Mark Hines	60	4:M 35-39	23	5:01	1:59	30	23:00	1:02	49	21:50		52:55	
36	Katie Dotson	55	1:F 35-39	18	4:50	2:07	38	24:02	1:12	42	21:02		53:15	
37	Mark Llewellyn	21	5:M 35-39	70	6:45	2:47	29	22:53	1:02	30	19:47		53:17	
38	Michael Berry	1	1:M 60-64	30	5:18	1:59	22	21:56	1:04	54	23:21		53:40	
39	Joy Hopkins	97	2:F 45-49	53	6:10	1:57	37	23:59	1:04	41	20:47		54:00	
40	Robert Galvez	11	6:M 35-39	68	6:42	2:24	39	24:11	1:05	35	19:57		54:21	
41	Lindsey Miossi	10	1:F 25-29	16	4:46	2:45	62	26:54	0:19	29	19:42		54:29	
42	Kayla Millsaps	14	1:F 30-34	11	4:33	2:31	60	26:41	0:31	38	20:25		54:44	
43	Sean White	95	4:M 50-54	27	5:10	3:34	41	24:22	1:17	39	20:35		55:00	
44	Jackson Lowe	31	1:M 15-19	10	4:33	3:35	73	28:26	1:03	10	17:45		55:24	
45	Don Goins	49	5:M 50-54	78	7:08	1:58	44	24:34	1:13	40	20:38		55:32	
46	Kathryn Scourby	53	1:F Grandma	50	6:09	1:59	34	23:41	0:55	58	23:49		56:34	
47	Brittney Whipple	94	2:F 25-29	75	6:57	2:04	52	25:38	0:35	46	21:23		56:39	
48	Hilary Hunter	90	1:F 65-69	26	5:08	1:42	49	25:20	1:01	57	23:37		56:49	
49	Logan Markwell	64	3:M 25-29	42	5:37	1:56	85	31:10	0:18	19	18:47		57:49	
50	Robert Despina	2	1:M 65-69	38	5:33	2:33	40	24:13	1:18	63	24:19		57:57	
51	Brian Pugh	43	4:M 40-44	39	5:35	3:02	59	26:39	1:13	48	21:49		58:20	
52	Michael Sugarman	80	6:M 50-54	49	6:07	4:22	53	25:45	1:12	43	21:03		58:30	
53	Ernest Cadotte	86	1:M 75-79	57	6:18	2:44	50	25:30	0:26	61	23:55		58:54	
54	Victor Hugo Agreda	6	2:M 65-69	66	6:34	3:44	56	26:02	0:36	50	22:03		59:02	
55	Fred Schultheis	74	5:M 55-59	71	6:51	3:13	42	24:27	1:13	56	23:34		59:20	
56	Steve Tompkins	46	2:M 60-64	28	5:12	2:09	48	25:18	1:31	69	25:19		59:32	
57	Emily Gessler	79	3:F 25-29	60	6:26	2:29	55	25:56	1:19	55	23:24		59:35	
58	Adam Burnett	16	7:M 50-54	72	6:51	3:32	51	25:37	0:46	53	23:00		59:48	
59	Heath Culpepper	71	4:M 45-49	25	5:04	2:35	46	25:08	1:20	75	26:19		1:00:28	
60	Trisha Clay	91	1:F 20-24	8	4:24	2:09	76	28:53	0:57	67	24:43		1:01:07	
61	John Sayegh	127	6:M 55-59	101	10:02	3:35	58	26:26	0:30	44	21:06		1:01:40	
62	Clyde Kidd	61	3:M 65-69	97	8:30	4:21	74	28:34	0:31	36	20:12		1:02:09	
63	John Snelling	65	4:M 65-69	56	6:16	2:28	54	25:51	2:08	71	25:29		1:02:13	
64	John Harris	77	3:M 60-64	77	7:06	2:56	33	23:27	2:04	77	27:01		1:02:35	
65	Jessica Cross	52	4:F 25-29	33	5:23	2:10	71	28:13	1:11	72	26:00		1:02:58	
66	Bob Bengel	54	5:M 65-69	43	5:38	2:26	65	27:31	1:17	74	26:04		1:02:58	

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67	Sharon Bumgardner	62	1:F 60-64	95	8:22	5:02	57	26:05	1:57	47	21:45	1:03:13	
68	Steven Shelton	126	4:M 60-64	98	8:40	2:36	47	25:14	0:42	73	26:02	1:03:15	
69	Christian Lomax	23	4:M 25-29	69	6:44	2:20	84	30:21	1:52	51	22:14	1:03:33	
70	Sherry Harris	76	1:F 55-59	73	6:54	2:13	67	27:40	1:42	70	25:26	1:03:57	
71	Tim Pace	72	7:M 55-59	67	6:36	2:05	64	27:29	0:56	80	27:57	1:05:06	
72	Mindy Volk	96	2:F 30-34	59	6:23	3:54	82	29:41	1:05	62	24:08	1:05:13	
73	Kimberly Coward	5	1:F 50-54	79	7:09	4:07	63	27:09	2:03	68	24:52	1:05:22	
74	William Jones	3	5:M 30-34	99	8:44	3:01	78	29:00	0:46	59	23:50	1:05:23	
75	Gary Irving	27	6:M 65-69	100	8:46	3:43	70	28:10	0:55	60	23:53	1:05:29	
76	Rachel Crouch	41	3:F 30-34	58	6:20	4:28	87	31:58	1:12	52	22:34	1:06:33	
77	Dale Less	36	5:M 60-64	51	6:10	2:34	72	28:16	1:20	83	29:03	1:07:24	
78	Shane Cross	51	6:M 30-34	85	7:32	3:14	69	28:05	0:24	82	28:20	1:07:36	
79	Jonathan Goedeke	29	7:M 35-39	61	6:26	3:56	68	27:40	1:50	81	28:11	1:08:05	
80	David Knable	20	8:M 50-54	94	8:16	4:22	66	27:32	1:55	76	26:59	1:09:05	
81	Karin Jessen	34	2:F 65-69	63	6:30	2:52	61	26:49	1:27	90	31:36	1:09:16	
82	Candy Habich	15	3:F 65-69	87	7:39	4:14	83	30:11	0:49	79	27:30	1:10:25	
83	Barbara Doud	57	2:F 35-39	90	7:57	3:28	77	28:59	0:49	86	30:41	1:11:57	
84	Jeremy Dooley	13	5:M 40-44	89	7:54	2:41	81	29:21	0:30	92	33:00	1:13:28	
85	Jennifer Dooley	12	2:F 40-44	93	8:12	2:33	75	28:36	0:32	93	33:50	1:13:44	
86	Jason Lowe	30	6:M 40-44	65	6:33	3:07	86	31:28	1:02	89	31:36	1:13:47	
87	Al Leitch	39	1:M 70-74	92	8:01	3:14	88	32:11	0:26	84	29:56	1:13:50	
88	Kaelyn Steen	26	1:F 1-14	54	6:12	3:16	89	32:26	1:58	85	30:02	1:13:55	
89	Peter Hackbert	38	2:M 75-79	48	6:03	2:50	79	29:03	1:54	95	36:52	1:16:44	
90	Elizabeth Harrison	17	3:F 45-49	96	8:23	3:25	97	37:37	0:31	78	27:30	1:17:29	
91	Amy Davis	98	2:F 50-54	84	7:30	5:18	92	34:31	5:38	66	24:40	1:17:39	
92	Scott Davis	99	9:M 50-54	81	7:20	4:27	99	40:35	0:50	64	24:38	1:17:51	
93	Danny Davis	100	1:M 1-14	86	7:33	3:58	100	41:05	0:49	65	24:38	1:18:05	
94	Jean Miller	45	2:F 60-64	74	6:55	4:47	91	33:29	1:20	91	32:00	1:18:32	
95	Sally Goade	81	3:F 60-64	80	7:16	4:29	80	29:18	2:16	94	36:08	1:19:29	
96	Yael Uziel	84	2:F 20-24	37	5:30	5:30	98	39:26	0:48	87	30:52	1:22:08	
97	Catherine Wilson	85	3:F 40-44	41	5:36	5:30	90	33:04	7:11	88	30:56	1:22:19	
98	Sara Cooper	129	4:F 40-44	82	7:24	5:19	94	35:20	1:12	97	42:04	1:31:21	
99	Grace Cooper	128	2:F 1-14	88	7:41	5:16	95	35:22	1:13	96	42:02	1:31:37	

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				<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
100	Jack Cooper	130	5:M 45-49	76	7:00	6:09	93	35:03	1:32	98	42:08	1:31:54
101	John Rausin	66	8:M 35-39	83	7:26	5:29	96	35:58	2:36	99	43:03	1:34:34